**THE WORLD GAMES**

**ACTIVITY CALENDAR**

The theme of The World Games 2022 Education Initiative is Live Healthy, Play Global, and we want all Alabamians to have opportunities to participate!

The objective of the World Games 2022 Activity Calendar is to provide educators and families quick and easy-to-use information and activities that will help everyone learn about the upcoming international event. The calendar includes 2 weeks of introductory information about The World Games 2022 followed by a week covering each of the 34 sports that will be played in Birmingham. Sports are grouped by category. Each sport week includes a link to the related page on The World Games 2022 website, followed by 5 suggested resources or activities for that week. Activities may be integrated into social studies, geography, civics, science, math, language arts, health, physical education, sportsmanship, art, or music. You may do all 5 activities for the week, or you may pick and choose as desired. Following this weekly calendar during the 2021-2022 school year is a great way to generate excitement around The World Games 2022 before they begin in July.

**AUGUST 2021**

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|  | **MONDAY** | **TUESDAY** | **WEDNESDAY** | **THURSDAY** | **FRIDAY** |
| WEEK ONE  [The World Games](https://twg2022.com/) [2022 website](https://twg2022.com/) | The World Games 2022 will be played in Birmingham, Alabama on July  7 - 17, 2022. 3,600  athletes from 34  sports and 100 countries will take part in the Games | Founded in 1980, the International World Games Association is a non-governmental and non-profit  making international organization. | The World Games share the values of the Olympics; that is, the promotion of physical and sporting activities  for the well-being of society. | [The first World](https://www.theworldgames.org/editions/Santa-Clara-USA-1981-5) [Games were held](https://www.theworldgames.org/editions/Santa-Clara-USA-1981-5) [in Santa Clara,](https://www.theworldgames.org/editions/Santa-Clara-USA-1981-5) [California in 1981.](https://www.theworldgames.org/editions/Santa-Clara-USA-1981-5)  Which country won the most medals in the 1981 Games? | The World Games are held every four years, one year after the Summer Olympic Games.  2022 is the first time The World Games have been back in the United States.  How many years has  it been? |
| WEEK TWO  The World Games 2022 Kick-Off | Watch [The World](https://www.youtube.com/watch?v=kzaxYtFEsho&feature=youtu.be) [Games 2022 Comes to](https://www.youtube.com/watch?v=kzaxYtFEsho&feature=youtu.be) [Birmingham](https://www.youtube.com/watch?v=kzaxYtFEsho&feature=youtu.be) video.  The Mascot for The World Games 2022 is Vulcan.  [Learn more about](https://visitvulcan.com/about/) [Vulcan here.](https://visitvulcan.com/about/) | When was the last The World Games held?  Where was the last The World Games held?  Locate it on a map. | How many sports are represented at The World Games 2022?  Which sports are new to you?  How many players are expected to play at the World Games 2022? | The Blue Cross Blue Shield educational theme for The World Games Birmingham is Live Healthy Play Global.  What does this theme mean to you? | Create a poster to advertise The World Games 2022  Want to create a poster digitally? Use Google Drawings.  [Check out the](https://sites.google.com/isd423.org/draw/tutorials) [tutorial on how](https://sites.google.com/isd423.org/draw/tutorials) [to use Google](https://sites.google.com/isd423.org/draw/tutorials)  [Drawings.](https://sites.google.com/isd423.org/draw/tutorials) |

**AUGUST 2021**

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|  | **MONDAY** | **TUESDAY** | **WEDNESDAY** | **THURSDAY** | **FRIDAY** |
| WEEK THREE  Artistic Sports [DanceSport](https://www.youtube.com/watch?v=TAHFg_V7W0I&list=PLTVU4TnDhpTn8t0nqk5E0q2HfSdvL8sdG&index=5) | Watch a video about [The World](https://www.youtube.com/watch?v=0eVn1zqB1hs&action=share)  [DanceSports Games](https://www.youtube.com/watch?v=0eVn1zqB1hs&action=share). | What are the four categories of dance competition at The World Games 2022? | Fun Fact The World  Games 2013 set a world record in  DanceSport: 17,000 spectators flocked to the Cali, [Colombia](https://www.kids-world-travel-guide.com/colombia-facts.html) bullfighting ring  on each of two consecutive nights to watch the competitions. | Read about different dance styles from the [World DanceSport](https://www.worlddancesport.org/About/Dance_Styles) [Federation](https://www.worlddancesport.org/About/Dance_Styles) | Fun Fact: Breaking, a form of breakdancing,  will be added to the program for The World Games 2022.  Try out some breakdancing moves. |

**SEPTEMBER 2021**

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|  | **MONDAY** | **TUESDAY** | **WEDNESDAY** | **THURSDAY** | **FRIDAY** |
| WEEK ONE  Artistic Sports [Gymnastics](https://twg2022.com/sports/gymnastics) | Watch a video about [Trampoline Acrobatics](https://www.youtube.com/watch?v=J_yCy8805tI&action=share) | What are the 6 disciplines of gymnastics that will be in competition at TWG 2022? | Read to learn more about [Ruben Padilla,](https://www.theworldgames.org/news/Athlete-of-the-Month-26/The-World-Games-Athlete-of-January-2020-1994) [USA, and his journey](https://www.theworldgames.org/news/Athlete-of-the-Month-26/The-World-Games-Athlete-of-January-2020-1994) [to The World Games](https://www.theworldgames.org/news/Athlete-of-the-Month-26/The-World-Games-Athlete-of-January-2020-1994) [2022.](https://www.theworldgames.org/news/Athlete-of-the-Month-26/The-World-Games-Athlete-of-January-2020-1994) | Take this [Fitness](https://aptv.pbslearningmedia.org/resource/arct14.hpe.afhfitquiz/fitness-quiz/) [Quiz](https://aptv.pbslearningmedia.org/resource/arct14.hpe.afhfitquiz/fitness-quiz/) to see how much you know about fitness facts. | Parkour is a trend sport that will be making its debut at The World Games 2022. |
| and  Artistic Sports [Roller Sports](http://www.twg2022.com/sports/roller-sports) | Watch [A Beginner’s](https://www.youtube.com/watch?v=WSVerzuXSu4&feature=youtu.be) [Guide to Roller Sports](https://www.youtube.com/watch?v=WSVerzuXSu4&feature=youtu.be) | All but one of these disciplines  originated in [Greece](https://www.kids-world-travel-guide.com/greece-facts.html). Greece was the first place to hold which famous sporting event? |  |  | How are roller sports different from the skating sports in the Olympics? |
| WEEK TWO  Ball Sports [Canoe Polo](http://www.twg2022.com/sports/canoe)  and  Trend Sports [Canoe Marathon](https://twg2022.com/sports/canoe/) | Watch [A Beginner’s](https://www.youtube.com/watch?v=3z9AEmsfLRQ&list=PLTVU4TnDhpTn8t0nqk5E0q2HfSdvL8sdG&index=20) [Guide to Canoe Polo.](https://www.youtube.com/watch?v=3z9AEmsfLRQ&list=PLTVU4TnDhpTn8t0nqk5E0q2HfSdvL8sdG&index=20)  Watch [A Beginner’s](https://youtu.be/vjcN0jxm5SI) [Guide to Canoe](https://youtu.be/vjcN0jxm5SI) [Marathon.](https://youtu.be/vjcN0jxm5SI) | What are the two disciplines of Canoe in The World Games? | What is the difference between a canoe and a kayak?  Create your own canoe or kayak, and test to see if it floats. | Explore this website about [Native](https://www.warpaths2peacepipes.com/native-american-life/native-american-canoes.htm) [American canoes.](https://www.warpaths2peacepipes.com/native-american-life/native-american-canoes.htm) Notice the painting at the top of the website. What  are the Native Americans doing in the painting? | Read [Native](https://www.warpaths2peacepipes.com/native-american-life/native-american-canoes.htm) [American canoes.](https://www.warpaths2peacepipes.com/native-american-life/native-american-canoes.htm) Compare and contrast dugout canoes with  birch bark canoes. |

**SEPTEMBER 2021**

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|  | **MONDAY** | **TUESDAY** | **WEDNESDAY** | **THURSDAY** | **FRIDAY** |
| WEEK THREE  Ball Sports [Fistball](http://www.twg2022.com/sports/fistball/) | Watch A [Beginner’s](https://www.youtube.com/watch?v=xWq4KzXO5qc&list=PLTVU4TnDhpTn8t0nqk5E0q2HfSdvL8sdG&index=7) [Guide to Fistball.](https://www.youtube.com/watch?v=xWq4KzXO5qc&list=PLTVU4TnDhpTn8t0nqk5E0q2HfSdvL8sdG&index=7)  Fistball will have a first in the  Birmingham World Games. What is that first?  What sport closely resembles fistball? Compare and contrast these 2 sports. | Fistball originated in Italy. Locate Italy on the map.  [What Italian foods](https://www.eatingeurope.com/blog/italy-facts-for-kids/) [are enjoyed by many](https://www.eatingeurope.com/blog/italy-facts-for-kids/) [Americans?](https://www.eatingeurope.com/blog/italy-facts-for-kids/)  [Who are some of the](https://www.kids-world-travel-guide.com/famous-italians.html) [famous artists from](https://www.kids-world-travel-guide.com/famous-italians.html) [Italy?](https://www.kids-world-travel-guide.com/famous-italians.html) | Watch this [video](https://www.youtube.com/watch?v=I7p9_GVmcQ8&feature=youtu.be) [about Fistball](https://www.youtube.com/watch?v=I7p9_GVmcQ8&feature=youtu.be) [Athlete of the Month](https://www.youtube.com/watch?v=I7p9_GVmcQ8&feature=youtu.be) [Patrick Thomas](https://www.youtube.com/watch?v=I7p9_GVmcQ8&feature=youtu.be) [from Germany](https://www.youtube.com/watch?v=I7p9_GVmcQ8&feature=youtu.be). How many times has  he been the World Champion? | Fistball superstar, Patrick Thomas is from Germany.  Locate [Germany](https://www.kids-world-travel-guide.com/germany-facts.html) on the map.  Name 2 countries that border Germany. | A famous German food is the pretzel. The story is told that pretzels were created by a monk who shaped the pretzel to represent arms folded across the chest in prayer. Using play dough or clay, try to shape a  pretzel. You can also shape bread dough and bake it to make  your own pretzels. |
| WEEK FOUR  Ball Sports [Floorball](http://www.twg2022.com/sports/floorball/) | Watch [A Beginner’s](https://www.youtube.com/watch?v=n08mZNj3cc8&list=PLTVU4TnDhpTn8t0nqk5E0q2HfSdvL8sdG&index=31) [Guide to Floorball.](https://www.youtube.com/watch?v=n08mZNj3cc8&list=PLTVU4TnDhpTn8t0nqk5E0q2HfSdvL8sdG&index=31) | When was floorball first played?  Where was it first played?  Locate this place on a map. | Floorball is played in rounds of 7 minutes.  If a typical game lasts 1 hour, how many rounds could be played each game? | There are 132 players that would like to play floorball. There are 6 players on a team.  How many teams could they make? | Floorball was played in the Special Olympics for the first time in 2017 with [Czech Republic](https://kids.kiddle.co/Czech_Republic) taking home the gold medal in  Austria. Also in 2017, floorball was played in The World Games  for the first time. |

**OCTOBER 2021**

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|  | **MONDAY** | **TUESDAY** | **WEDNESDAY** | **THURSDAY** | **FRIDAY** |
| WEEK ONE  Ball Sports [Beach Handball](https://twg2022.com/sports/handball/) | [Watch Ebiye Jeremy](https://www.youtube.com/watch?v=uc7m3KZx23E) [Udo-Udoma talk all](https://www.youtube.com/watch?v=uc7m3KZx23E) [things TWG2022 in](https://www.youtube.com/watch?v=uc7m3KZx23E) [this inside look at](https://www.youtube.com/watch?v=uc7m3KZx23E) [the sport of Beach](https://www.youtube.com/watch?v=uc7m3KZx23E) [Handball.](https://www.youtube.com/watch?v=uc7m3KZx23E)  What is his home state? | Watch [A Beginner’s](https://www.youtube.com/watch?v=X69APblEk4Q&list=PLTVU4TnDhpTn8t0nqk5E0q2HfSdvL8sdG&index=11) [Guide to Beach](https://www.youtube.com/watch?v=X69APblEk4Q&list=PLTVU4TnDhpTn8t0nqk5E0q2HfSdvL8sdG&index=11) [Handball.](https://www.youtube.com/watch?v=X69APblEk4Q&list=PLTVU4TnDhpTn8t0nqk5E0q2HfSdvL8sdG&index=11)  Handball is played on a court 131  feet by 65 feet. What would the measurements of the court be in feet? | [Refer to this page for](http://www.twg2022.com/sports/handball/) [scoring information.](http://www.twg2022.com/sports/handball/) What is the score if   1. a player (not the specialist or goalie) scores one goal, 2. the specialist scores a goal, and 3. there is an “alley- oop” goal scored? | Did you know that there is a way to score extra points in handball?  [Watch this video to](https://www.youtube.com/watch?v=gfsz5hZ1RWU&feature=youtu.be) [see how!](https://www.youtube.com/watch?v=gfsz5hZ1RWU&feature=youtu.be) | Did you know that handball is an Olympic sport?  Beach Handball will be played at The World Games 2022. |
| WEEK TWO  Ball Sports [Korfball](http://www.twg2022.com/sports/korfball/) | Watch [A Beginner’s](https://www.youtube.com/watch?v=iYnx2AnJcLU&list=PLTVU4TnDhpTn8t0nqk5E0q2HfSdvL8sdG&index=32) [Guide to Korfball.](https://www.youtube.com/watch?v=iYnx2AnJcLU&list=PLTVU4TnDhpTn8t0nqk5E0q2HfSdvL8sdG&index=32)  Recreate the flag for one of the countries participating in korfball. | When was korfball first played?  Where was it first played?  Locate this place on a map. | Each korfball team usually has 4 males and 4 females. If there are 24 teams playing:   1. How many people total are playing? 2. How many males are playing? 3. How many females are playing? | [Which team won](https://www.theworldgames.org/results#edition%3D0%26sport%3D17%26discipline%3D21%26category%3D190%26country%3D) [gold in korfball in](https://www.theworldgames.org/results#edition%3D0%26sport%3D17%26discipline%3D21%26category%3D190%26country%3D) [the 2017 The World](https://www.theworldgames.org/results#edition%3D0%26sport%3D17%26discipline%3D21%26category%3D190%26country%3D) [Games?](https://www.theworldgames.org/results#edition%3D0%26sport%3D17%26discipline%3D21%26category%3D190%26country%3D)  [Which team won](https://www.theworldgames.org/results#edition%3D0%26sport%3D17%26discipline%3D21%26category%3D190%26country%3D) [silver in korfball in](https://www.theworldgames.org/results#edition%3D0%26sport%3D17%26discipline%3D21%26category%3D190%26country%3D) [the 2013 The World](https://www.theworldgames.org/results#edition%3D0%26sport%3D17%26discipline%3D21%26category%3D190%26country%3D) [Games?](https://www.theworldgames.org/results#edition%3D0%26sport%3D17%26discipline%3D21%26category%3D190%26country%3D)  [Which team won](https://www.theworldgames.org/results#edition%3D0%26sport%3D17%26discipline%3D21%26category%3D190%26country%3D) [bronze in korfball in](https://www.theworldgames.org/results#edition%3D0%26sport%3D17%26discipline%3D21%26category%3D190%26country%3D) [the 2009 The World](https://www.theworldgames.org/results#edition%3D0%26sport%3D17%26discipline%3D21%26category%3D190%26country%3D) [Games?](https://www.theworldgames.org/results#edition%3D0%26sport%3D17%26discipline%3D21%26category%3D190%26country%3D) | Korfball has been a part of The World Games since 1985.  Nine times in a row since then, the  [Netherlands](https://kids.nationalgeographic.com/explore/countries/netherlands/) won the gold medal.  [Belgium](https://kids.nationalgeographic.com/explore/countries/belgium/) won silver eight times. |

**OCTOBER 2021**

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|  | **MONDAY** | **TUESDAY** | **WEDNESDAY** | **THURSDAY** | **FRIDAY** |
| WEEK THREE  Ball Sports [Racquetball](http://www.twg2022.com/sports/racquetball/) | Watch [A Beginner’s](https://www.youtube.com/watch?v=m6Gk8jRdd48&list=PLTVU4TnDhpTn8t0nqk5E0q2HfSdvL8sdG&index=3) [Guide to Racquetball.](https://www.youtube.com/watch?v=m6Gk8jRdd48&list=PLTVU4TnDhpTn8t0nqk5E0q2HfSdvL8sdG&index=3) | Watch this video about the Protective Life [Athlete of the](https://www.youtube.com/watch?v=VaglS_5aXkY) [Month-](https://www.youtube.com/watch?v=VaglS_5aXkY) [Racquetball’s Paola](https://www.youtube.com/watch?v=VaglS_5aXkY) [Longoria.](https://www.youtube.com/watch?v=VaglS_5aXkY)  [Also read this article](https://www.theworldgames.org/news/The-World-Games-17/Athlete-of-August-2019-1958) [about Paola.](https://www.theworldgames.org/news/The-World-Games-17/Athlete-of-August-2019-1958) What degree did she complete in college? | Paola Longoria is from [Mexico](https://www.kids-world-travel-guide.com/mexico-facts.html).  Mexico has a rich Native American (Indian) heritage. Both the Mayan and Aztec people once inhabited Mexico. Chitzen Itza is a famous site built by the Mayan people.  [Read about it her](https://kids.kiddle.co/Chichen_Itza)e. | Maize is the Mexican word for corn. Read this Aztec story, [The](http://benitosmexican.com/news/mexican-legends-folklore-legendofmaize/) [Legend of the Maize](http://benitosmexican.com/news/mexican-legends-folklore-legendofmaize/).  [Check out this site](https://www.familysearch.org/blog/en/traditional-mexican-food/) [about traditional](https://www.familysearch.org/blog/en/traditional-mexican-food/) [Mexican food.](https://www.familysearch.org/blog/en/traditional-mexican-food/) | Corn, chilies, and chocolate originally came from Mexico. The Aztec people considered hot chocolate a sacred drink.  [Read this](https://kids.kiddle.co/Hot_chocolate) [information about](https://kids.kiddle.co/Hot_chocolate) [the history of hot](https://kids.kiddle.co/Hot_chocolate) [chocolate.](https://kids.kiddle.co/Hot_chocolate) |
| WEEK FOUR  Ball Sports [Softball](http://www.twg2022.com/sports/softball/) | Watch a video about [Stacey Porter](https://www.youtube.com/watch?v=SX_S8QW12aQ&feature=youtu.be), The World Games Athlete of the year nominee. | Discuss how students can [develop](https://kidshealth.org/en/teens/sportsmanship.html) [their sportsmanship](https://kidshealth.org/en/teens/sportsmanship.html) [with these tips from](https://kidshealth.org/en/teens/sportsmanship.html) [TeensHealth.](https://kidshealth.org/en/teens/sportsmanship.html) | Softball was invented in 1887 in [Chicago](https://theculturetrip.com/north-america/usa/illinois/articles/10-unique-facts-about-chicago-you-didnt-know/), Illinois as an indoor game. Back then the balls used for softball were soft, hence the name. Nowadays they are hard. | A 70 mph softball, released from an average distance of 37 feet from the plate, will result in 0.35 seconds of  reaction time for the batter. | In softball, the home run fence is 220 feet away from home plate. How many inches is 220 feet? |

**NOVEMBER 2021**

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|  | **MONDAY** | **TUESDAY** | **WEDNESDAY** | **THURSDAY** | **FRIDAY** |
| WEEK ONE  Ball Sports [Women’s Lacrosse](http://www.twg2022.com/sports/womens-lacrosse/) | Watch [A Beginner’s](https://www.youtube.com/watch?v=AxU7LvnxiK0&list=PLTVU4TnDhpTn8t0nqk5E0q2HfSdvL8sdG&index=10) [Guide to Lacrosse.](https://www.youtube.com/watch?v=AxU7LvnxiK0&list=PLTVU4TnDhpTn8t0nqk5E0q2HfSdvL8sdG&index=10) | [Explore this website](https://www.uslaxmagazine.com/usa-insider/senior-women/us-selected-for-2021-world-games-competition) to discover which 16 teams qualified for The World Games  in lacrosse. Which countries had both men and women’s teams qualify? | Read [this Scholastic](https://sn3.scholastic.com/issues/2018-19/111918/proud-to-play.html#On%20Level) [article about the](https://sn3.scholastic.com/issues/2018-19/111918/proud-to-play.html#On%20Level) [Native American](https://sn3.scholastic.com/issues/2018-19/111918/proud-to-play.html#On%20Level) [origin of lacrosse.](https://sn3.scholastic.com/issues/2018-19/111918/proud-to-play.html#On%20Level)  What tribe is credited with creating lacrosse? | Listen to the full Native American story of [Lacrosse:](https://www.cbc.ca/archives/entry/lacrosse-the-tale-of-mong-the-loon-and-kaikak-the-hawk) [The tale of Mong the](https://www.cbc.ca/archives/entry/lacrosse-the-tale-of-mong-the-loon-and-kaikak-the-hawk) [loon and Kaikak the](https://www.cbc.ca/archives/entry/lacrosse-the-tale-of-mong-the-loon-and-kaikak-the-hawk) [hawk.](https://www.cbc.ca/archives/entry/lacrosse-the-tale-of-mong-the-loon-and-kaikak-the-hawk)  How does this story relate to science? What about  sportsmanship? | Watch this video about [Madison](https://www.youtube.com/watch?v=dJhvFxJyNzM&list=PLTVU4TnDhpTkRZA4a1_uQYDNYoyqJX7Hi&index=16) [Copeland](https://www.youtube.com/watch?v=dJhvFxJyNzM&list=PLTVU4TnDhpTkRZA4a1_uQYDNYoyqJX7Hi&index=16) the Women’s Lacrosse, The World Games Athlete of the Year nominee. |
| WEEK TWO  Ball Sports [Squash](http://www.twg2022.com/sports/squash/) | Watch [A Beginner’s](https://www.youtube.com/watch?v=97WHv7a64uA&list=PLTVU4TnDhpTn8t0nqk5E0q2HfSdvL8sdG&index=30) [Guide to Squash](https://www.youtube.com/watch?v=97WHv7a64uA&list=PLTVU4TnDhpTn8t0nqk5E0q2HfSdvL8sdG&index=30). | Read this article about [How to](https://www.squashpoint.com/blogs/blog/how-to-choose-the-right-squash-ball/) [choose the right](https://www.squashpoint.com/blogs/blog/how-to-choose-the-right-squash-ball/) [squash ball?](https://www.squashpoint.com/blogs/blog/how-to-choose-the-right-squash-ball/)  Why do beginners need a larger ball?  How are children’s squash balls colored differently from the balls used by adults? | Altitude and temperature can affect the ball you choose to play squash. [Rea](https://www.squashforbeginners.info/squash-balls-for-beginners/)[d this](https://thesquashcompany.com/squash-balls-what-are-the-coloured-dots/) [article to understand](https://thesquashcompany.com/squash-balls-what-are-the-coloured-dots/) [why.](https://thesquashcompany.com/squash-balls-what-are-the-coloured-dots/)  If I were playing squash in [Denver](https://kids.kiddle.co/Denver), Colorado, would  I want a ball with  more or less bounce? | Watch the video [Always Be a Good](https://www.youtube.com/watch?v=0JvTJchlk48) [Sport](https://www.youtube.com/watch?v=0JvTJchlk48).  Discuss why it is important to be a good sport. | Watch this video about what makes up a healthy plate. [A Healthy Plate:](https://aptv.pbslearningmedia.org/resource/3966366d-90dc-428b-80fd-589741788ca0/a-healthy-plate/#.XsRHEy2ZNDM) [Everyday Learning](https://aptv.pbslearningmedia.org/resource/3966366d-90dc-428b-80fd-589741788ca0/a-healthy-plate/#.XsRHEy2ZNDM)  Then using a paper plate, draw your own healthy plate of foods. |

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|  | **MONDAY** | **TUESDAY** | **WEDNESDAY** | **THURSDAY** | **FRIDAY** |
| WEEK THREE  Invitational Sports [Duathlon](http://www.twg2022.com/sports/duathlon/)  Invitational Sports [Flag Football](https://twg2022.com/flag-football/) | What do athletes do in the Duathlon?  Watch this [video](https://www.youtube.com/watch?v=jLOrCDQ8bW8) about the rules of NFL Flag Football.  How is flag football alike and different from regular football? Use a Venn diagram to illustrate your answers. | The sport of duathlon originated Why was it played? in [France](https://www.kids-world-travel-guide.com/france-facts.html).  [The Eiffel Tower is a](http://www.pbs.org/wgbh/buildingbig/wonder/structure/eiffel_tower.html) [famous landmark in](http://www.pbs.org/wgbh/buildingbig/wonder/structure/eiffel_tower.html) [Paris the capital of](http://www.pbs.org/wgbh/buildingbig/wonder/structure/eiffel_tower.html) [France.](http://www.pbs.org/wgbh/buildingbig/wonder/structure/eiffel_tower.html)  Read about the history and game of Flag Football [here](https://rivercity.wusd.k12.ca.us/documents/Academics/Physical-Education/Course/Team-Sports/4752705221055162977.pdf).  During what war was flag football believed to have started? | Counting from the ground, there are 347 steps to the first level, 674 steps to the second level, and 1,710 steps to the small platform on the top of the Eiffel Tower. How many steps are there in all?  Enter your zip code on this [site](https://nflflag.com/find-league) to see if there are any Flag Football teams in your area. Keep changing the mile radius to find the team/teams nearest you. | Alexandre-Gustave Eiffel designed the Eiffel Tower. What landmark that was a gift from France to the United States did he design?  Learn more about the engineer and architect here [Gustave Eiffel facts](https://kids.kiddle.co/Gustave_Eiffel) [for kids](https://kids.kiddle.co/Gustave_Eiffel)  Read the data in this article, “[Football Still](https://news.gallup.com/poll/224864/football-americans-favorite-sport-watch.aspx) [Americans’ Favorite](https://news.gallup.com/poll/224864/football-americans-favorite-sport-watch.aspx) [Sport to Watch](https://news.gallup.com/poll/224864/football-americans-favorite-sport-watch.aspx).”  Conduct your own poll among classmates to determine their favorite sport. Use this [site](https://nces.ed.gov/nceskids/createagraph/Default.aspx) to create a graph to represent your results. | France is known as the home of many famous artists.  Learn about one of those artists in this video. [Biography](https://www.youtube.com/watch?v=ah5g2M14oUM) [of Claude Monet:](https://www.youtube.com/watch?v=ah5g2M14oUM) [Famous Artists for](https://www.youtube.com/watch?v=ah5g2M14oUM) [Children](https://www.youtube.com/watch?v=ah5g2M14oUM). Paint a  picture for The World Games in the style of Impressionism.  Watch this [video](https://www.youtube.com/watch?v=8KquQUeR8ns&t=4s) of virtual flag football camp and agility drills, and then try the drills yourself.  What does agility mean?  What agility drills can you create using cones or some other object? |

**DECEMBER 2021**

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|  | **MONDAY** | **TUESDAY** | **WEDNESDAY** | **THURSDAY** | **FRIDAY** |
| WEEK ONE  Invitational Sports [Men’s Lacrosse](http://www.twg2022.com/sports/mens-lacrosse/)  Invitational Sports [Wushu](https://twg2022.com/sports/wushu/) | Watch [A Beginner’s](https://www.youtube.com/watch?v=AxU7LvnxiK0&list=PLTVU4TnDhpTn8t0nqk5E0q2HfSdvL8sdG&index=10) [Guide to Lacrosse](https://www.youtube.com/watch?v=AxU7LvnxiK0&list=PLTVU4TnDhpTn8t0nqk5E0q2HfSdvL8sdG&index=10)  Watch [A Beginner’s](https://youtu.be/mJxGjT0DwVk) [Guide to Wushu](https://youtu.be/mJxGjT0DwVk) | In addition to the 30 official sports participating in The World Games,  Birmingham as the host city, was able to choose additional Invitational sports?  [Which 5 did](http://www.twg2022.com/sports) [Birmingham](http://www.twg2022.com/sports) [choose?](http://www.twg2022.com/sports)  What are the two categories of Wushu?  Which one will be part of The World Games 2022? | Learn [5 cool facts](https://www.cbc.ca/kidscbc2/the-feed/5-cool-facts-about-the-indigenous-origins-of-lacrosse) [about lacrosse on](https://www.cbc.ca/kidscbc2/the-feed/5-cool-facts-about-the-indigenous-origins-of-lacrosse) [this Canadian site.](https://www.cbc.ca/kidscbc2/the-feed/5-cool-facts-about-the-indigenous-origins-of-lacrosse)  Based on what you have learned about lacrosse, why do you think the sport is so popular in the United States and Canada?  Explore this site  [Tai chi facts for kids.](https://kids.kiddle.co/Tai_chi)  Read about the  [10 benefits of Tai chi](https://www.taichiforkids.com/top-10-tai-chi-benefits-children/) [for kids.](https://www.taichiforkids.com/top-10-tai-chi-benefits-children/) | Lacrosse is part of the cultural tradition of the [Iroquois](https://www.historyforkids.net/iroquois-tribe.html) people.  The Iroquois men’s national lacrosse team, known as the Iroquois Nationals, represents the Iroquois Confederacy in international competitions.  The team achieved Bronze at last year’s World Championships.  [Watch this Tai chi](https://www.youtube.com/watch?v=cEOS2zoyQw4) [Beginner Video.](https://www.youtube.com/watch?v=cEOS2zoyQw4)  Practice 5 minutes of Tai chi along with the instructor. | Watch [this video](https://www.youtube.com/watch?v=XRIPm2eqguI&feature=youtu.be) [about American](https://www.youtube.com/watch?v=XRIPm2eqguI&feature=youtu.be) [lacrosse player,](https://www.youtube.com/watch?v=XRIPm2eqguI&feature=youtu.be) Austin Staats.  Protective Life Athlete of the Month.  Look inside this book [Tai Chi for](https://www.amazon.com/Tai-Chi-Kids-Move-Animals/dp/1879181657) [Kids Move with the](https://www.amazon.com/Tai-Chi-Kids-Move-Animals/dp/1879181657) [Animals](https://www.amazon.com/Tai-Chi-Kids-Move-Animals/dp/1879181657) by Stuart Olson.  What 8 animals are used to teach Tai Chi movements?  Create your own animal movements. |

**DECEMBER 2021**

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|  | **MONDAY** | **TUESDAY** | **WEDNESDAY** | **THURSDAY** | **FRIDAY** |
| WEEK TWO  Invitational Sports [Wheelchair Rugby](http://www.twg2022.com/sports/wheelchair-rugby/) | Watch this video, [Guide to Wheelchair](https://www.youtube.com/watch?v=fIgi1H1EXUU) [Rugby with Steve](https://www.youtube.com/watch?v=fIgi1H1EXUU) [Brown | Gillette World](https://www.youtube.com/watch?v=fIgi1H1EXUU) [Sport.](https://www.youtube.com/watch?v=fIgi1H1EXUU)  Wheelchair Rugby is an adaptive sport.  What does that mean?  What did Steve Brown say about why he plays wheelchair rugby? | Wheelchair Rugby was invented in 1977 in [Winnipeg](https://kids.kiddle.co/Winnipeg),  Canada by a group of quadriplegic athletes who were looking for an alternative  to wheelchair basketball. They wanted a sport which would allow players with reduced arm and hand function to  participate equally. | Design a jersey for your own Wheelchair Rugby team. | View this flyer  [A to Z of Disability](https://www.acdd.org/wp-content/uploads/2019/09/AZEtiquette.pdf) [Etiquette.](https://www.acdd.org/wp-content/uploads/2019/09/AZEtiquette.pdf)  Discuss what you learned from the information.  Watch this interactive story, [Where is mi amigo](https://www.youtube.com/watch?v=EdqJ8WAjmZ8&feature=youtu.be) [Pedro?](https://www.youtube.com/watch?v=EdqJ8WAjmZ8&feature=youtu.be)  Check out this [site to](https://www.nchpad.org/1742/6882/Where~is~mi~amigo~Pedro~) [download copies of](https://www.nchpad.org/1742/6882/Where~is~mi~amigo~Pedro~) [the book in English](https://www.nchpad.org/1742/6882/Where~is~mi~amigo~Pedro~) [and Spanish.](https://www.nchpad.org/1742/6882/Where~is~mi~amigo~Pedro~)  Also find inclusion  activities at the end of the book. | [Watch this video](https://www.youtube.com/watch?v=_7SI9Sw1dN0&feature=youtu.be) [from the Kid](https://www.youtube.com/watch?v=_7SI9Sw1dN0&feature=youtu.be) [President about](https://www.youtube.com/watch?v=_7SI9Sw1dN0&feature=youtu.be) [what the World](https://www.youtube.com/watch?v=_7SI9Sw1dN0&feature=youtu.be) [needs.](https://www.youtube.com/watch?v=_7SI9Sw1dN0&feature=youtu.be)  What do you think the world needs? |
| WEEK THREE  Martial Arts [Karate](http://www.twg2022.com/sports/karate) | Watch [A Beginner’s](https://www.youtube.com/watch?v=XZ7V0DFAnaA&list=PLTVU4TnDhpTn8t0nqk5E0q2HfSdvL8sdG&index=4) [Guide to Karate](https://www.youtube.com/watch?v=XZ7V0DFAnaA&list=PLTVU4TnDhpTn8t0nqk5E0q2HfSdvL8sdG&index=4) | Watch a video about [Stanislav Horuna](https://www.youtube.com/watch?v=Ehq7p3Nw46c&feature=youtu.be), the World Games Karate Athlete of the Year nominee. Horuna is from [Ukraine](https://kids.kiddle.co/Ukraine). | If an athlete in Kumite scores an Ippon, a Waza-Ari, and a Yuko, how many points would she have? | [Read about Ayumi](https://twg2022.com/international-federation-news/ayumi-uekusa-the-world-games-athlete-of-october-2018/) [Uekusa, Protective](https://twg2022.com/international-federation-news/ayumi-uekusa-the-world-games-athlete-of-october-2018/) [Life The World](https://twg2022.com/international-federation-news/ayumi-uekusa-the-world-games-athlete-of-october-2018/) [Games Athlete of the](https://twg2022.com/international-federation-news/ayumi-uekusa-the-world-games-athlete-of-october-2018/) [Month.](https://twg2022.com/international-federation-news/ayumi-uekusa-the-world-games-athlete-of-october-2018/)  At the time of the article, how many medals in 27 appearances did  she have? | Watch this video from the Kid’s President about What [Makes an](https://www.youtube.com/watch?v=KdL4o7wU0CQ&list=PLzvRx_johoA-YabI6FWcU-jL6nKA1Um-t&index=7) [Awesome Leader?](https://www.youtube.com/watch?v=KdL4o7wU0CQ&list=PLzvRx_johoA-YabI6FWcU-jL6nKA1Um-t&index=7)  How can you be an awesome leader? |

**JANUARY 2022**

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|  | **MONDAY** | **TUESDAY** | **WEDNESDAY** | **THURSDAY** | **FRIDAY** |
| WEEK ONE  Martial Arts [Kickboxing](http://www.twg2022.com/sports/kickboxing/) | Watch [A Beginner’s](https://www.youtube.com/watch?v=MsZ2pGZnW9A&list=PLTVU4TnDhpTn8t0nqk5E0q2HfSdvL8sdG&index=1) [Guide to Kickboxing](https://www.youtube.com/watch?v=MsZ2pGZnW9A&list=PLTVU4TnDhpTn8t0nqk5E0q2HfSdvL8sdG&index=1) | Athletes must eat healthy to compete. Check out this nutrition chart  “[U R What U Eat.”](https://www.nhlbi.nih.gov/health/educational/wecan/downloads/urwhateat.pdf)  What are some Go, Slow and Whoa foods?  Build a Go meal for lunch using the chart. | Watch this video about [kickboxer,](https://www.youtube.com/watch?v=Yn8H5KfZ-jE&feature=youtu.be) [Bogdan Shumarov,](https://www.youtube.com/watch?v=Yn8H5KfZ-jE&feature=youtu.be) [Protective Life](https://www.youtube.com/watch?v=Yn8H5KfZ-jE&feature=youtu.be) [The World Games](https://www.youtube.com/watch?v=Yn8H5KfZ-jE&feature=youtu.be)  [Athlete of the Month](https://www.youtube.com/watch?v=Yn8H5KfZ-jE&feature=youtu.be)  He won silver medal at The World Games 2017. | Bogdan Shumarov is from [Bulgaria](https://kids.kiddle.co/Bulgaria).  Locate Bulgaria on the map. What body of water borders Bulgaria on the east?  Bulgaria is located in the Balkans. What are the Balkans?  Why is this area named the Balkans? | “On Easter (or Velikden),  Bulgarians dye bright red eggs and throw them at one another. The last person left with  an unbroken egg is believed to have good luck for the year.” [https://www.](https://www.coolkidfacts.com/bulgaria/) [coolkidfacts.com/](https://www.coolkidfacts.com/bulgaria/) [bulgaria/](https://www.coolkidfacts.com/bulgaria/)  Explore the site to learn more about Bulgaria and its connection to Harry Potter. |

**JANUARY 2022**

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|  | **MONDAY** | **TUESDAY** | **WEDNESDAY** | **THURSDAY** | **FRIDAY** |
| WEEK TWO  Martial Arts [Muaythai](http://www.twg2022.com/sports/muaythai) | Watch [A Beginner’s](https://www.youtube.com/watch?v=rlW-HqeMBE8&list=PLTVU4TnDhpTn8t0nqk5E0q2HfSdvL8sdG&index=17) [Guide to Muaythai](https://www.youtube.com/watch?v=rlW-HqeMBE8&list=PLTVU4TnDhpTn8t0nqk5E0q2HfSdvL8sdG&index=17) | Sarama is the rhythmic music that is part of Muaythai competitions and the pre-fight ritual, the Ram Muay. The music is performed by four musicians, each playing either one of two kinds  of oboe, or a pair of Thai drums or  cymbals. | Muaythai originated in [Thailand](https://kids.nationalgeographic.com/explore/countries/thailand/). Locate Thailand on the map. Thai food such as Pad Thai is very popular in America. Almost all Thai food is a combination of four seasonings – salty, sweet, sour, and spicy. | Using pictures of vegetables or real vegetables, let students create a “vegetable person.”  Talk about the benefits of eating veggies. | [Igor Liubchenko](https://www.youtube.com/watch?v=fKwpHULNiU0&feature=youtu.be) (UKR) is one of the most successful Muaythai athletes ever, having won multiple World and European Champion titles. In May 2019 he was one of the first athletes that qualified for The World Games 2022! |
| WEEK THREE  Martial Arts [Sumo](http://www.twg2022.com/sports/sumo/) | Watch [A Beginner’s](https://www.youtube.com/watch?v=vCmiPCor8qs&list=PLTVU4TnDhpTn8t0nqk5E0q2HfSdvL8sdG&index=18) [Guide to Sumo](https://www.youtube.com/watch?v=vCmiPCor8qs&list=PLTVU4TnDhpTn8t0nqk5E0q2HfSdvL8sdG&index=18) | Prior to starting their bout in the ring – the ‘dohyo’ made of sand and clay – both sumo wrestlers, or ‘rikishi’, go through ancient ceremonial preparations. They clap their hands to “awaken the gods”, they toss salt into the ring for its purification, and they stamp their feet to  “crush all that’s evil.” | There are 82 ki-  ma-ri-te, or ways of winning the match. Although most athletes use the common methods of pushing or forcing the opponent out  of the dohyo, there are some unusual methods in which the rikishi is flipped over or crushed after losing sight  of the opponent, | Watch this “[Did You](https://www.youtube.com/watch?v=miVXeqXkR7o) [Know](https://www.youtube.com/watch?v=miVXeqXkR7o)” segment on Sumo Wrestling. | The dohyo, or ring, that the Sumo wrestlers compete in is 4.55 meters in diameter. How many feet is 4.55 meters? |

**FEBRUARY 2022**

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|  | **MONDAY** | **TUESDAY** | **WEDNESDAY** | **THURSDAY** | **FRIDAY** |
| WEEK ONE  Martial Arts [Ju-Jitsu](http://www.twg2022.com/sports/ju-jitsu/) | Watch [A Beginner’s](https://www.youtube.com/watch?v=GpOy1KQbwko&list=PLTVU4TnDhpTn8t0nqk5E0q2HfSdvL8sdG&index=5) [Guide to Ju-Jitsu](https://www.youtube.com/watch?v=GpOy1KQbwko&list=PLTVU4TnDhpTn8t0nqk5E0q2HfSdvL8sdG&index=5) | “Jū” can be translated to mean “gentle,  soft, supple, flexible, pliable, or yielding”. “Jutsu” can be translated to mean “art” or “technique” and represents manipulating the opponent’s force against themselves rather than confronting the opponent with one’s own force. | Fun Fact  The Ne-Waza System is also called ‘human chess’. Strategies and tactics are designed to make the opponent waste his energy so that he/she will submit later in the fight. | Ju-Jitsu is the sport in which most gold medals were  awarded during The World Games 2017.  22 medal events were held in Wrocław, [Poland](https://kids.kiddle.co/Poland). | Ju-Jitsu is a Japanese Martial Art.  Locate [Japan](https://kids.nationalgeographic.com/explore/countries/japan/) on a map. What time is it currently in Japan? How does this compare to the time where you are? |
| WEEK TWO  Precision Sports [Archery](http://www.twg2022.com/sports/archery/) | Watch [A Beginner’s](https://www.youtube.com/watch?v=PSVCegrRR54&list=PLTVU4TnDhpTn8t0nqk5E0q2HfSdvL8sdG&index=16) [Guide to Archery](https://www.youtube.com/watch?v=PSVCegrRR54&list=PLTVU4TnDhpTn8t0nqk5E0q2HfSdvL8sdG&index=16) | The first known organized competition in archery was held  at Finsbury, [England](https://kids.kiddle.co/England) in 1583 and had 3,000 participants!  [Watch this video about](https://www.youtube.com/watch?v=95ijU-zCaj4) [the difference in the](https://www.youtube.com/watch?v=95ijU-zCaj4) [United Kingdom and](https://www.youtube.com/watch?v=95ijU-zCaj4)  [England.](https://www.youtube.com/watch?v=95ijU-zCaj4) | [Listen to the](https://www.youtube.com/watch?v=hIBS4Huhkgg) [famous story](https://www.youtube.com/watch?v=hIBS4Huhkgg) of William Tell, a hero from [Switzerland](https://www.kids-world-travel-guide.com/switzerland-facts.html) who was skilled in archery. | Listen to Rossini’s classic [William Tell](https://www.youtube.com/watch?v=V9EEXp8I33U) [Overture.](https://www.youtube.com/watch?v=V9EEXp8I33U)  As you listen to the music what do you think could be happening? | Make up or play a target game using bean bags or some soft item to hit targets on the floor. Give each color of your target a point value and keep score. |

**FEBRUARY 2022**

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|  | **MONDAY** | **TUESDAY** | **WEDNESDAY** | **THURSDAY** | **FRIDAY** |
| WEEK THREE  Precision Sports [Billiards](http://www.twg2022.com/sports/billiards/) | [Read the history of](http://www.twg2022.com/sports/billiards/) [Billiards.](http://www.twg2022.com/sports/billiards/) Using a graphic organizer, compare and contrast the 3 different games of Billiards.  Snooker originated in India. Locate [India](https://www.kids-world-travel-guide.com/india-for-kids.html) on the map. The beautiful [Taj Mahal](https://www.youtube.com/watch?v=I6i8cLXPGQE) is located in India. | Use this [website](https://kids.kiddle.co/Snooker) to add the points  gained in the game of Snooker.  Red-Pink-Red- Yellow-Red-Blue- Red-Black  How many points would the player have so far in the game? | Watch a few minutes of this [Billiards](https://www.youtube.com/watch?v=IwHlOuaHJNQ) [World Games](https://www.youtube.com/watch?v=IwHlOuaHJNQ) event. Which billiard game is being played?  How do you know? | Watch this video from PBS LearningMedia  [The Angle of Pool.](https://aptv.pbslearningmedia.org/resource/rttt12.math.anglepool/the-angle-on-pool/) What angle did they say is always a constant? Can you find examples of this angle in your room? | Brainstorm some health benefits of playing billiards. Then refer to this [website](https://www.aandcbilliardsandbarstools.com/blog/health-benefits-of-playing-billiards/) to see what health benefits are listed. |
| WEEK FOUR  Precision Sports [Boules](http://www.twg2022.com/sports/boules/) | Watch [A Beginner’s](https://www.youtube.com/watch?v=XhRSHftdgvU&list=PLTVU4TnDhpTn8t0nqk5E0q2HfSdvL8sdG&index=2) [Guide to Boules](https://www.youtube.com/watch?v=XhRSHftdgvU&list=PLTVU4TnDhpTn8t0nqk5E0q2HfSdvL8sdG&index=2) | What are the definitions of boule? Which definition is associated with the sport? | What are the 2 disciplines of Boules played in The World Games 2022? Which countries are given credit for the origin of each? | What is the target in a game of boules called?  What are some other games that have a target? | Watch this PBS LearningMedia video, [What are](https://aptv.pbslearningmedia.org/resource/ee184482-a52b-44fb-9b1b-cf521592edd3/what-are-sports-young-explorers/en/) [Sports?](https://aptv.pbslearningmedia.org/resource/ee184482-a52b-44fb-9b1b-cf521592edd3/what-are-sports-young-explorers/en/)  Survey the students in the room to discover their favorite sports.  Graph your results. |

**MARCH 2022**

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|  | **MONDAY** | **TUESDAY** | **WEDNESDAY** | **THURSDAY** | **FRIDAY** |
| WEEK ONE  Precision Sports [Bowling](http://www.twg2022.com/sports/bowling/) | Watch [A Beginner’s](https://www.youtube.com/watch?v=jhBwqb3MvmQ&list=PLTVU4TnDhpTn8t0nqk5E0q2HfSdvL8sdG&index=14) [Guide to Bowling](https://www.youtube.com/watch?v=jhBwqb3MvmQ&list=PLTVU4TnDhpTn8t0nqk5E0q2HfSdvL8sdG&index=14). | Indoor bowling began in New York City in 1840. This fact is the reason the United States is listed as the country of origin for the sport. | What is the difference between a strike and a spare in bowling?  10 points is awarded per strike plus the number of pins knocked down  on the next 2 deliveries. How is a perfect game of 300  achieved? | If you cannot go to a bowling alley, how could you set  up your own indoor bowling game?  What could you use for the pins and what kind of ball would you use? | According to the Guinness World Records, the largest bowling alley in the world is in Japan.  [The Inazawa Grand](https://www.bowlingdigital.com/bowl/node/7445) [Bowling Centre](https://www.bowlingdigital.com/bowl/node/7445) has 116 lanes!  Locate Inazawa on a map of [Japan](https://www.natgeokids.com/za/discover/geography/countries/facts-about-japan/). |
| WEEK TWO  Strength Sports [Powerlifting](http://www.twg2022.com/sports/powerlifting/) | What are the 3 types of powerlifting? | Watch this video about [Rhaea Stinn](https://www.youtube.com/watch?v=6GXLfVfmUEw&feature=youtu.be), The World Games Athlete of the Month.  Rhaea Stinn is from [Canada](https://www.kids-world-travel-guide.com/canada-facts-for-kids.html). | Read about Athlete [Rhaea Stinn](https://twg2022.com/2019/athlete-of-the-month-november-2019/).  Convert her best lifts from kilograms to pounds. 235kg squat 157.5kg bench 212.5kg deadlift. | Locate Canada on a map. Canada is the 2nd largest country in the world by land area. Which country has a larger land area?  It is the only country to touch 3 oceans.  What are they? | What symbol is on the Canadian flag?  Why was this symbol chosen to represent the people of Canada? |

**MARCH 2022**

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|  | **MONDAY** | **TUESDAY** | **WEDNESDAY** | **THURSDAY** | **FRIDAY** |
| WEEK THREE  Strength Sports [Tug of War](http://www.twg2022.com/sports/tug-of-war/) | Watch [A Beginner’s](https://www.youtube.com/watch?v=HjZh4XExCVQ&list=PLTVU4TnDhpTn8t0nqk5E0q2HfSdvL8sdG&index=12) [Guide to Tug of War](https://www.youtube.com/watch?v=HjZh4XExCVQ&list=PLTVU4TnDhpTn8t0nqk5E0q2HfSdvL8sdG&index=12) | Watch a video about the [Dutch Tug of War](https://www.youtube.com/watch?v=5OsqQbTfUfI) [Mixed Team](https://www.youtube.com/watch?v=5OsqQbTfUfI). They were The World Games Athletes  of the month for February 2020.  The Dutch are people from the [Netherlands](https://kids.nationalgeographic.com/explore/countries/netherlands/). It is also called Holland. | A Tug of War rope is 11 cm in  circumference and  33.5 meters long. Using a measuring instrument can you find something to represent the circumference and length? | Refer to this [article](https://www.rulesofsport.com/sports/tug-of-war.html) and explain the role of the driver. | Tug of War is one of the sports with an Olympic tradition. From 1900 to 1920, Tug of War was part of the programme of the Olympic Games.  Tug of War has been performed continuously since The World Games 1981.  Play your own game of Tug of War. |
| WEEK FOUR  Trend Sports [Air Sports](http://www.twg2022.com/sports/air-sports/) | Canopy Piloting athletes compete over a stretch of water  for safety reasons because of the high speeds involved. | Drones can often travel at speeds of more than 100 mph. | Watch this video of a Native American story about healthy eating. [Healthy](https://aptv.pbslearningmedia.org/resource/envh10.sci.life.oate.vegetables/healthy-eating-habits/#.XsU3fS2ZNDM) [Eating Habits](https://aptv.pbslearningmedia.org/resource/envh10.sci.life.oate.vegetables/healthy-eating-habits/#.XsU3fS2ZNDM) Survey your classmates about their favorite fruit and vegetable, and make a graph to  show the results. | Watch this video about [Wanraya](https://www.youtube.com/watch?v=sOwCQzAS0nQ&feature=youtu.be) [Wannapong](https://www.youtube.com/watch?v=sOwCQzAS0nQ&feature=youtu.be), The World Games Athlete of the year nominee. | Watch this [Did You](https://www.youtube.com/watch?v=AeuAGclJm48&feature=youtu.be) [Know Video](https://www.youtube.com/watch?v=AeuAGclJm48&feature=youtu.be) about Canopy Piloting. |

**APRIL 2022**

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|  | **MONDAY** | **TUESDAY** | **WEDNESDAY** | **THURSDAY** | **FRIDAY** |
| WEEK ONE  Trend Sports [Finswimming](https://twg2022.com/sports/finswimming/) | Watch [A Beginner’s](https://www.youtube.com/watch?v=4nxrO3RJ42Y&list=PLTVU4TnDhpTn8t0nqk5E0q2HfSdvL8sdG&index=22) [Guide to](https://www.youtube.com/watch?v=4nxrO3RJ42Y&list=PLTVU4TnDhpTn8t0nqk5E0q2HfSdvL8sdG&index=22) [Finswimming](https://www.youtube.com/watch?v=4nxrO3RJ42Y&list=PLTVU4TnDhpTn8t0nqk5E0q2HfSdvL8sdG&index=22) Which finswimming events require a snorkel? What is a snorkel? | What is the difference between monofins and bi- fins?  How do the words help you know the difference?  Finswimmers are the fastest  swimmers. Why do you think they can  swim so fast? | Monofins were invented in [Russia](https://www.kids-world-travel-guide.com/russia-facts.html).  Locate Russia on the map. In terms of land area, Russia is the largest country in the world. Russia is part of which 2 continents? | Russia isn’t very far from the United States. It is only  about 51 miles from Alaska and is only separated by the Bering Strait. Locate this on the map.  [How did the first](https://www.youtube.com/watch?v=2p8A3MNq8pc) [Americans cross](https://www.youtube.com/watch?v=2p8A3MNq8pc) [from Asia (Russia)](https://www.youtube.com/watch?v=2p8A3MNq8pc) [into the Americas?](https://www.youtube.com/watch?v=2p8A3MNq8pc) | The most successful athlete in the  history of The World Games took part in the Finswimming competitions.  Jürgen Kolenda from Germany won a total of eleven gold medals at The World Games in 1981 and 1985. |
| WEEK TWO  Trend Sports [Flying Disc](http://www.twg2022.com/sports/flying-disc/) | [Watch an introduction](https://www.youtube.com/watch?time_continue=3&v=UnNUEvs2Ev0) [to Flying Disc](https://www.youtube.com/watch?time_continue=3&v=UnNUEvs2Ev0)  Ultimate is the one flying disc discipline in The World Games. | DID YOU KNOW?  The first objects used as a flying disc were [cake and pie](http://www.wfdf.org/history-stats/history-of-flying-disc/4-history-of-the-frisbee) [pans leftover from](http://www.wfdf.org/history-stats/history-of-flying-disc/4-history-of-the-frisbee) [snacks bought at](http://www.wfdf.org/history-stats/history-of-flying-disc/4-history-of-the-frisbee) [local bakeries in](http://www.wfdf.org/history-stats/history-of-flying-disc/4-history-of-the-frisbee) [Connecticut.](http://www.wfdf.org/history-stats/history-of-flying-disc/4-history-of-the-frisbee)  Locate [Connecticut](https://kids.nationalgeographic.com/explore/states/connecticut/) on the map. | A flying disc hits its target 15 out 25 times.   1. Write this as a fraction. 2. Create a pie graph to show the fraction. | Write a paragraph to explain the Spirit of the Game.  Explore the [definition of Spirit](https://ultiworld.com/2016/01/05/ultimate-2030-difference-spirit-sportsmanship/) [of the Game by](https://ultiworld.com/2016/01/05/ultimate-2030-difference-spirit-sportsmanship/) [Ken Kaminski](https://ultiworld.com/2016/01/05/ultimate-2030-difference-spirit-sportsmanship/) as it relates to Flying Disc, also called Ultimate. | Share [Ultimate in 10](https://usaultimate.org/wp-content/uploads/2020/09/10SimpleRules.pdf) [Simple Rules PDF.](https://usaultimate.org/wp-content/uploads/2020/09/10SimpleRules.pdf)  Explain the game of Ultimate using math terms.  Explore how wind affects the game. |

**APRIL 2022**

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|  | **MONDAY** | **TUESDAY** | **WEDNESDAY** | **THURSDAY** | **FRIDAY** |
| WEEK THREE  Trend Sports [Lifesaving](http://www.twg2022.com/sports/lifesaving/) | Watch [A Beginner’s](https://www.youtube.com/watch?v=OrOD3yczSIA&list=PLTVU4TnDhpTn8t0nqk5E0q2HfSdvL8sdG&index=9&t=0s) [Guide to Life Saving](https://www.youtube.com/watch?v=OrOD3yczSIA&list=PLTVU4TnDhpTn8t0nqk5E0q2HfSdvL8sdG&index=9&t=0s) | What is meant by the statement, “Is Lifesaving just a sport?” | Watch this video, [Thursday Pools /](https://www.youtube.com/watch?v=0o71KmM2Mmc) [Kids’ Water Safety](https://www.youtube.com/watch?v=0o71KmM2Mmc) [Video.](https://www.youtube.com/watch?v=0o71KmM2Mmc) Discuss water safety in a pool or lake. | The sport of lifesaving originated in Australia. Locate Australia on the map.  Australia is the only country in the world that covers an entire continent. There are over 10,000 beaches in Australia. Why would the sport  of lifesaving be  important here? | [Learn some cool](https://www.coolkidfacts.com/australia-facts-for-kids/) [facts about Australia](https://www.coolkidfacts.com/australia-facts-for-kids/) [here.](https://www.coolkidfacts.com/australia-facts-for-kids/)  Why is it called the “Land Down Under?”  What is the Outback in Australia? |
| WEEK FOUR  Trend Sports [Orienteering](http://www.twg2022.com/sports/orienteering/) | Watch [A Beginner’s](https://www.youtube.com/watch?v=2BkdErckeYM&list=PLTVU4TnDhpTn8t0nqk5E0q2HfSdvL8sdG&index=15) [Guide to Orienteering](https://www.youtube.com/watch?v=2BkdErckeYM&list=PLTVU4TnDhpTn8t0nqk5E0q2HfSdvL8sdG&index=15) | Watch the video [North South East](https://www.youtube.com/watch?v=Te0Td0QVoj0) [West | Cardinal](https://www.youtube.com/watch?v=Te0Td0QVoj0) [Directions |](https://www.youtube.com/watch?v=Te0Td0QVoj0) [Geography for Kids |](https://www.youtube.com/watch?v=Te0Td0QVoj0) [Geography](https://www.youtube.com/watch?v=Te0Td0QVoj0)  Orienteering began as a sport in Sweden. Locate  [Sweden](https://kids.nationalgeographic.com/explore/countries/sweden/) on the map. | Watch [How Does a](https://www.youtube.com/watch?v=LroX6ThIDpw) [Compass Work?](https://www.youtube.com/watch?v=LroX6ThIDpw) | Complete this lesson from [National Geographic.](https://www.nationalgeographic.org/activity/cardinal-directions-and-maps/) [Cardinal Directions](https://www.nationalgeographic.org/activity/cardinal-directions-and-maps/) [and Maps](https://www.nationalgeographic.org/activity/cardinal-directions-and-maps/) | Read a book related to maps and create your own map  of your school, community, etc. |

**MAY 2022**

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|  | **MONDAY** | **TUESDAY** | **WEDNESDAY** | **THURSDAY** | **FRIDAY** |
| WEEK ONE  Trend Sports [Roller Sports](http://www.twg2022.com/sports/roller-sports/) | Watch [A Beginner’s](https://www.youtube.com/watch?v=GA2h9VbhUJs&list=PLTVU4TnDhpTn8t0nqk5E0q2HfSdvL8sdG&index=11) [Guide to Roller Sports](https://www.youtube.com/watch?v=GA2h9VbhUJs&list=PLTVU4TnDhpTn8t0nqk5E0q2HfSdvL8sdG&index=11) | What are the 3 roller sports in TWG?  Compare and contrast Artistic Roller Sports to Ice Skating sports in the Olympics. | What country dominated Artistic Roller Skating in the 2017 World Games?  Find this country on a map | [John Joseph](https://skateworld1.com/roller-skates-then-and-now/) [Merlin of Belgium](https://skateworld1.com/roller-skates-then-and-now/) [is credited with](https://skateworld1.com/roller-skates-then-and-now/) [inventing the roller](https://skateworld1.com/roller-skates-then-and-now/) [skate.](https://skateworld1.com/roller-skates-then-and-now/)  Locate [Belgium](https://kids.nationalgeographic.com/explore/countries/belgium/) on the map. | Belgium is known for many foods such as waffles, french fries with mayo, and brussel sprouts.  Belgium is said to have the world’s best chocolate.  Survey your class: what is everyone’s favorite chocolate? Show the results in a graph. |
| WEEK TWO  Trend Sports [Sport Climbing](http://www.twg2022.com/sports/sport-climbing/) | Watch [A Beginner’s](https://www.youtube.com/watch?v=zYXymUfDFxs) [Guide to Sport](https://www.youtube.com/watch?v=zYXymUfDFxs) [Climbing](https://www.youtube.com/watch?v=zYXymUfDFxs)  What does belaying mean in sport climbing? Why is belaying important? | Watch [Sport Climber](https://twitter.com/TheWorldGames/status/1227163257066094593) [Kokoro Fujii discuss](https://twitter.com/TheWorldGames/status/1227163257066094593) [his road to The](https://twitter.com/TheWorldGames/status/1227163257066094593) [World Games.](https://twitter.com/TheWorldGames/status/1227163257066094593) | [Sport Climbing is the](https://travel.nine.com.au/destinations/rock-climbing-in-japan-tokyo-guide/f6b18c11-127b-41e4-90bb-31a74e2065b8) [rage in Toyko, Japan.](https://travel.nine.com.au/destinations/rock-climbing-in-japan-tokyo-guide/f6b18c11-127b-41e4-90bb-31a74e2065b8) In 2021, the Tokyo Olympics will be the first to have rock climbing.  What about the land around Tokyo would make rock climbing so popular? | [Japanese](https://www.kids-world-travel-guide.com/japan-facts.html) people on average live longer than any other people in the world. How does their diet contribute to living a long life? | Haiku is a short form of Japanese poetry. Write a haiku about The World Games. |

**MAY 2022**

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|  | **MONDAY** | **TUESDAY** | **WEDNESDAY** | **THURSDAY** | **FRIDAY** |
| WEEK THREE  Trend Sports [Waterski and](https://twg2022.com/sports/waterski-wakeboard/) [Wakeboard](https://twg2022.com/sports/waterski-wakeboard/) | Watch [A Beginner’s](https://www.youtube.com/watch?v=orkXm-ikIJw&list=PLTVU4TnDhpTn8t0nqk5E0q2HfSdvL8sdG&index=9) [Guide to Waterski and](https://www.youtube.com/watch?v=orkXm-ikIJw&list=PLTVU4TnDhpTn8t0nqk5E0q2HfSdvL8sdG&index=9) [Wakeboard](https://www.youtube.com/watch?v=orkXm-ikIJw&list=PLTVU4TnDhpTn8t0nqk5E0q2HfSdvL8sdG&index=9)  Freestyle wakeboard is a combination of what 3 sports? | What are the 3 categories of Waterski in The World Games? Explain how the skis are different in each category. | Watch this Protective Life [Athlete of the](https://www.youtube.com/watch?v=1Qryg2_FMTY&feature=youtu.be) [Month, Rodrigo](https://www.youtube.com/watch?v=1Qryg2_FMTY&feature=youtu.be) [Miranda.](https://www.youtube.com/watch?v=1Qryg2_FMTY&feature=youtu.be) His longest jump is  68.8 meters. How many feet is that? | Rodrigo Miranda is from Chile. On which continent is Chile located? Locate [Chile](https://www.kids-world-travel-guide.com/chile-facts.html) on the map.  Chile is the longest north-south running country in the world. | [Polynesian](https://www.youtube.com/watch?v=QhEeh_BcADg) [Easter Island](https://www.youtube.com/watch?v=QhEeh_BcADg)  officially belongs to Chile. Locate Easter Island on the map. What famous objects are on Easter Island? |