

# THE WORLD GAMES ACTIVITY CALENDAR

The theme of The World Games 2022 Education Initiative is Live Healthy, Play Global, and we want all Alabamians to have opportunities to participate!

The objective of the World Games 2022 Activity Calendar is to provide educators and families quick and easy-to-use information and activities that will help everyone learn about the upcoming international event. The calendar includes 2 weeks of introductory information about The World Games 2022 followed by a week covering each of the 34 sports that will be played in Birmingham. Sports are grouped by category. Each sport week includes a link to the related page on The World Games 2022 website, followed by 5 suggested resources or activities for that week. Activities may be integrated into social studies, geography, civics, science, math, language arts, health, physical education, sportsmanship, art, or music. You may do all 5 activities for the week, or you may pick and choose as desired. Following this weekly calendar during the 2021-2022 school year is a great way to generate excitement around The World Games 2022 before they begin in July.



## **AUGUST 2021**

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
WEEK ONE	The World Games	Founded in 1980,	The World Games	The first World	The World Games
	2022 will be played	the International	share the values of	Games were held	are held every four
The World Games	in Birmingham,	World Games	the Olympics; that	in Santa Clara,	years, one year
2022 website	Alabama on July	Association is a	is, the promotion	California in 1981.	after the Summer
	7 - 17, 2022. 3,600	non-governmental	of physical and		Olympic Games.
	athletes from 34	and non-profit	sporting activities	Which country won	2022 is the first time
	sports and 100	making international	for the well-being of	the most medals in	The World Games
	countries will take	organization.	society.	the 1981 Games?	have been back in
	part in the Games				the United States.
					How many years has
					it been?
WEEK TWO	Watch The World	When was the last	How many sports	The Blue Cross Blue	Create a poster to
	Games 2022 Comes to	The World Games	are represented at	Shield educational	advertise The World
The World Games	Birmingham video.	held?	The World Games	theme for The World	Games 2022
2022 Kick-Off			2022?	Games Birmingham	Want to create a
	The Mascot for The	Where was the last	Which sports are	is Live Healthy Play	poster digitally?
	World Games 2022 is	The World Games	new to you?	Global.	Use Google
	Vulcan.	held?	How many players		Drawings.
			are expected to play	What does this	Check out the
	Learn more about	Locate it on a map.	at the World Games	theme mean to you?	tutorial on how
	<u>Vulcan here.</u>		2022?		to use Google
					<u>Drawings.</u>



# **AUGUST 2021**

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>WEEK THREE</b>	Watch a video	What are the four	Fun Fact	Read about	Fun Fact:
	about <u>The World</u>	categories of dance	The World	different dance	Breaking, a form
Artistic Sports	<u>DanceSports Games</u> .	competition at The	Games 2013 set	styles from the	of breakdancing,
<u>DanceSport</u>		World Games 2022?	a world record in	World DanceSport	will be added to the
			DanceSport: 17,000	<u>Federation</u>	program for The
			spectators flocked		World Games 2022.
			to the Cali, <u>Colombia</u>		
			bullfighting ring		Try out some
			on each of two		breakdancing
			consecutive nights		moves.
			to watch the		
			competitions.		



#### **SEPTEMBER 2021**

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
WEEK ONE	Watch a video about	What are the 6	Read to learn more about Ruben Padilla,	Take this <u>Fitness</u> Quiz to see how	Parkour is a trend
Artistic Sports <u>Gymnastics</u>	Trampoline Acrobatics	•	USA, and his journey to The World Games 2022.	much you know about fitness facts.	making its debut at The World Games 2022.
and Artistic Sports Roller Sports	Watch <u>A Beginner's</u> Guide to Roller Sports	All but one of these disciplines originated in Greece. Greece was the first place to hold which famous sporting event?			How are roller sports different from the skating sports in the Olympics?
WEEK TWO	Watch <u>A Beginner's</u>	What are the two	What is the	Explore this website	Read <u>Native</u>
Ball Sports  Canoe Polo	Guide to Canoe Polo.  Watch A Beginner's Guide to Canoe	disciplines of Canoe in The World Games?	difference between a canoe and a kayak?  Create your own	American canoes.  Notice the painting at the top of the	American canoes.  Compare and  contrast dugout  canoes with
and Trend Sports	Marathon.		canoe or kayak, and test to see if it floats.	website. What are the Native Americans doing in	birch bark canoes.
Canoe Marathon				the painting?	



#### **SEPTEMBER 2021**

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	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
WEEK THREE	Watch <u>A Beginner's</u>	Fistball originated in	Watch this video	Fistball superstar,	A famous German
	Guide to Fistball.	Italy. Locate Italy on	about Fistball	Patrick Thomas is	food is the pretzel.
Ball Sports		the map.	Athlete of the Month	from Germany.	The story is told
Fistball	Fistball will have		Patrick Thomas		that pretzels were
	a first in the	What Italian foods	from Germany. How	Locate <u>Germany</u> on	created by a monk
	Birmingham World	are enjoyed by many	many times has	the map.	who shaped the
	Games. What is that	Americans?	he been the World		pretzel to represent
	first?		Champion?	Name 2 countries	arms folded across
		Who are some of the		that border	the chest in prayer.
	What sport closely	famous artists from		Germany.	Using play dough or
	resembles fistball?	<u>Italy?</u>			clay, try to shape a
	Compare and contrast				pretzel. You can also
	these 2 sports.				shape bread dough
					and bake it to make
					your own pretzels.
WEEK FOUR	Watch <u>A Beginner's</u>	When was floorball	Floorball is played in	There are 132	Floorball was
	Guide to Floorball.	first played?	rounds of 7 minutes.	players that would	played in the Special
Ball Sports				like to play floorball.	Olympics for the
Floorball		Where was it first	If a typical game	There are 6 players	first time in 2017
		played?	lasts 1 hour, how	on a team.	with <u>Czech Republic</u>
			many rounds could		taking home the
		Locate this place on	be played each	How many teams	gold medal in
		a map.	game?	could they make?	Austria. Also in 2017,
					floorball was played
					in The World Games
					for the first time.



## **OCTOBER 2021**

	1				
	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
WEEK ONE	Watch Ebiye Jeremy	Watch <u>A Beginner's</u>	Refer to this page for	Did you know that	Did you know that
	Udo-Udoma talk all	Guide to Beach	scoring information.	there is a way to	handball is an
Ball Sports	things TWG2022 in	<u>Handball.</u>	What is the score if	score extra points in	Olympic sport?
Beach Handball	this inside look at		1) a player (not the	handball?	
	the sport of Beach	Handball is played	specialist or goalie)	Watch this video to	Beach Handball will
	Handball.	on a court 131	scores one goal,	see how!	be played at The
		feet by 65 feet.	2) the specialist		World Games 2022.
	What is his home	What would the	scores a goal, and		
	state?	measurements of	3) there is an "alley-		
		the court be in feet?	oop" goal scored?		
WEEK TWO	Watch <u>A Beginner's</u>	When was korfball	Each korfball team	Which team won	Korfball has been
	Guide to Korfball.	first played?	usually has 4 males	gold in korfball in	a part of The World
Ball Sports			and 4 females. If	the 2017 The World	Games since 1985.
Korfball	Recreate the flag for	Where was it first	there are 24 teams	Games?	
	one of the countries	played?	playing:		Nine times in a
	participating in			Which team won	row since then, the
	korfball.	Locate this place on	1. How many people	silver in korfball in	Netherlands won the
		a map.	total are playing?	the 2013 The World	gold medal.
				Games?	
			2. How many males		Belgium won silver
			are playing?	Which team won	eight times.
				bronze in korfball in	
			3. How many	the 2009 The World	
			females are playing?	Games?	



## **OCTOBER 2021**

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
WEEK THREE	Watch A Beginner's	Watch this video	Paola Longoria is	Maize is the Mexican	Corn, chilies, and
	Guide to Racquetball.	about the Protective	from <u>Mexico</u> .	word for corn. Read	chocolate originally
Ball Sports		Life Athlete of the	Mexico has a rich	this Aztec story, <u>The</u>	came from Mexico.
Racquetball		Month-	Native American	Legend of the Maize.	The Aztec people
		Racquetball's Paola	(Indian) heritage.		considered hot
		Longoria.	Both the Mayan and	Check out this site	chocolate a sacred
			Aztec people once	about traditional	drink.
		Also read this article	inhabited Mexico.	Mexican food.	
		about Paola. What	Chitzen Itza is a		Read this
		degree did she	famous site built by		information about
		complete in college?	the Mayan people.		the history of hot
			Read about it here.		chocolate.
WEEK FOUR	Watch a video about	Discuss how	Softball was	A 70 mph softball,	In softball, the home
	Stacey Porter, The	students can <u>develop</u>	invented in 1887 in	released from an	run fence is 220 feet
Ball Sports	World Games Athlete	their sportsmanship	<u>Chicago</u> , Illinois as	average distance	away from home
Softball	of the year nominee.	with these tips from	an indoor game.	of 37 feet from the	plate. How many
		TeensHealth.	Back then the balls	plate, will result	inches is 220 feet?
			used for softball	in 0.35 seconds of	
			were soft, hence the	reaction time for the	
			name. Nowadays	batter.	
			they are hard.		



#### **NOVEMBER 2021**

		1			
	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
WEEK ONE	Watch <u>A Beginner's</u>	Explore this website	Read this Scholastic	Listen to the full	Watch this video
	Guide to Lacrosse.	to discover which 16	article about the	Native American	about <u>Madison</u>
Ball Sports		teams qualified for	Native American	story of <u>Lacrosse</u> :	Copeland the
Women's Lacrosse		The World Games	origin of lacrosse.	The tale of Mong the	Women's Lacrosse,
		in lacrosse. Which		loon and Kaikak the	The World Games
		countries had both	What tribe is	hawk.	Athlete of the Year
		men and women's	credited with	How does this story	nominee.
		teams qualify?	creating lacrosse?	relate to science?	
				What about	
				sportsmanship?	
WEEK TWO	Watch <u>A Beginner's</u>	Read this article	Altitude and	Watch the video	Watch this video
	Guide to Squash.	about How to	temperature can	Always Be a Good	about what makes
Ball Sports		choose the right	affect the ball you	Sport.	up a healthy plate.
<u>Squash</u>		squash ball?	choose to play		A Healthy Plate:
			squash. <u>Read this</u>	Discuss why it is	Everyday Learning
		Why do beginners	article to understand	important to be a	
		need a larger ball?	why.	good sport.	Then using a paper
			If I were playing		plate, draw your
		How are children's	squash in <u>Denver,</u>		own healthy plate of
		squash balls colored	Colorado, would		foods.
		differently from the	I want a ball with		
		balls used by adults?	more or less		
			bounce?		



#### **NOVEMBER 2021**

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
WEEK THREE	What do athletes do in	The sport of	Counting from the	Alexandre-Gustave	France is known as
	the Duathlon?	duathlon originated	ground, there are	Eiffel designed the	the home of many
Invitational Sports		Why was it played?	347 steps to the first	Eiffel Tower. What	famous artists.
Duathlon		in <u>France</u> .	level, 674 steps to	landmark that was	Learn about one of
			the second level, and	a gift from France	those artists in this
		The Eiffel Tower is a	1,710 steps to the	to the United States	video. <u>Biography</u>
		famous landmark in	small platform on	did he design?	of Claude Monet:
		Paris the capital of	the top of the Eiffel	Learn more about	Famous Artists for
		France.	Tower. How many	the engineer and	<u>Children</u> . Paint a
			steps are there in	architect here	picture for The World
			all?	Gustave Eiffel facts	Games in the style of
				<u>for kids</u>	Impressionism.
Invitational Sports	Watch this <u>video</u>	Read about the	Enter your zip code	Read the data in this	Watch this <u>video</u> of
Flag Football	about the rules of NFL	history and game of	on this <u>site</u> to see if	article, " <u>Football Still</u>	virtual flag football
	Flag Football.	Flag Football <u>here</u> .	there are any Flag	Americans' Favorite	camp and agility
			Football teams in	Sport to Watch."	drills, and then try
	How is flag football	During what war	your area. Keep	Conduct your	the drills yourself.
	alike and different	was flag football	changing the mile	own poll among	
	from regular football?	believed to have	radius to find the	classmates to	What does agility
	Use a Venn diagram	started?	team/teams nearest	determine their	mean?
	to illustrate your		you.	favorite sport.	
	answers.			Use this <u>site</u> to	What agility drills
				create a graph to	can you create using
				represent your	cones or some other
				results.	object?



#### **DECEMBER 2021**

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
WEEK ONE	Watch <u>A Beginner's</u>	In addition to the	Learn <u>5 cool facts</u>	Lacrosse is part	Watch this video
	Guide to Lacrosse	30 official sports	about lacrosse on	of the cultural	about American
Invitational Sports		participating in	this Canadian site.	tradition of the	lacrosse player,
Men's Lacrosse		The World Games,		<u>Iroquois</u> people.	Austin Staats.
		Birmingham as the	Based on what you	The Iroquois men's	Protective Life
		host city, was able	have learned about	national lacrosse	Athlete of the Month.
		to choose additional	lacrosse, why do you	team, known as the	
		Invitational sports?	think the sport is so	Iroquois Nationals,	
			popular in the United	represents the	
		Which 5 did	States and Canada?	Iroquois Confederacy	
		<u>Birmingham</u>		in international	
		choose?		competitions.	
				The team achieved	
				Bronze at last	Look inside this
				year's World	book <u>Tai Chi for</u>
				Championships.	Kids Move with the
					Animals by Stuart
Invitational Sports	Watch <u>A Beginner's</u>	What are the two	Explore this site	Watch this Tai chi	Olson.
Wushu	Guide to Wushu	categories of	Tai chi facts for kids.	Beginner Video.	
		Wushu?			What 8 animals are
			Read about the	Practice 5 minutes of	used to teach Tai Chi
		Which one will be	10 benefits of Tai chi	Tai chi along with the	movements?
		part of The World	for kids.	instructor.	Create your own
		Games 2022?			animal movements.



#### **DECEMBER 2021**

	T T	I	T	ı	
	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
WEEK TWO	Watch this video,	Wheelchair Rugby	Design a jersey	View this flyer	Watch this video
	Guide to Wheelchair	was invented in	for your own	A to Z of Disability	from the Kid
Invitational Sports	Rugby with Steve	1977 in Winnipeg,	Wheelchair Rugby	Etiquette.	President about
Wheelchair Rugby	Brown   Gillette World	Canada by a group of	team.	Discuss what you	what the World
	Sport.	quadriplegic athletes		learned from the	needs.
		who were looking		information.	
	Wheelchair Rugby	for an alternative		Watch this	What do you think
	is an adaptive sport.	to wheelchair		interactive story,	the world needs?
	What does that mean?	basketball. They		Where is mi amigo	
		wanted a sport		Pedro?	
	What did Steve Brown	which would		Check out this site to	
	say about why he	allow players with		download copies of	
	plays wheelchair	reduced arm and		the book in English	
	rugby?	hand function to		and Spanish.	
		participate equally.		Also find inclusion	
				activities at the end	
				of the book.	
WEEK THREE	Watch <u>A Beginner's</u>	Watch a video about	If an athlete in	Read about Ayumi	Watch this video
	Guide to Karate	Stanislav Horuna,	Kumite scores an	Uekusa, Protective	from the Kid's
Martial Arts		the World Games	Ippon, a Waza-Ari,	Life The World	President about
<u>Karate</u>		Karate Athlete of	and a Yuko, how	Games Athlete of the	What <u>Makes an</u>
		the Year nominee.	many points would	Month.	Awesome Leader?
		Horuna is from	she have?	At the time of the	
		<u>Ukraine</u> .		article, how many	How can you be an
				medals in 27	awesome leader?
				appearances did	
				she have?	



#### **JANUARY 2022**

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
WEEK ONE	Watch A Beginner's	Athletes must eat	Watch this video	Bogdan Shumarov is	"On Easter
	Guide to Kickboxing	healthy to compete.	about <u>kickboxer,</u>	from <u>Bulgaria</u> .	(or Velikden),
Martial Arts		Check out this	Bogdan Shumarov,		Bulgarians dye
Kickboxing		nutrition chart	Protective Life	Locate Bulgaria on	bright red eggs and
		"U R What U Eat."	The World Games	the map. What body	throw them at one
			Athlete of the Month	of water borders	another. The last
		What are some Go,		Bulgaria on the	person left with
		Slow and Whoa	He won silver medal	east?	an unbroken egg
		foods?	at The World Games		is believed to have
			2017.	Bulgaria is located in	good luck for the
		Build a Go meal		the Balkans. What	year."
		for lunch using the		are the Balkans?	https://www.
		chart.		Why is this area	coolkidfacts.com/
				named the Balkans?	<u>bulgaria/</u>
					Explore the site to
					learn more about
					Bulgaria and its
					connection to Harry
					Potter.



## **JANUARY 2022**

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
WEEK TWO	Watch <u>A Beginner's</u>	Sarama is the	Muaythai originated	Using pictures of	<u>Igor Liubchenko</u>
	Guide to Muaythai	rhythmic music that	in <u>Thailand</u> . Locate	vegetables or real	(UKR) is one of the
Martial Arts		is part of Muaythai	Thailand on the map.	vegetables, let	most successful
Muaythai		competitions and	Thai food such as	students create a	Muaythai athletes
		the pre-fight ritual,	Pad Thai is very	"vegetable person."	ever, having won
		the Ram Muay. The	popular in America.		multiple World and
		music is performed	Almost all Thai food	Talk about the	European Champion
		by four musicians,	is a combination of	benefits of eating	titles. In May 2019
		each playing either	four seasonings –	veggies.	he was one of the
		one of two kinds	salty, sweet, sour,		first athletes that
		of oboe, or a pair	and spicy.		qualified for The
		of Thai drums or			World Games 2022!
		cymbals.			
<b>WEEK THREE</b>	Watch <u>A Beginner's</u>	Prior to starting their	There are 82 ki-	Watch this " <u>Did You</u>	The dohyo, or ring,
	Guide to Sumo	bout in the ring – the	ma-ri-te, or ways of	Know" segment on	that the Sumo
Martial Arts		'dohyo' made of	winning the match.	Sumo Wrestling.	wrestlers compete
Sumo		sand and clay – both	Although most		in is 4.55 meters in
		sumo wrestlers, or	athletes use the		diameter. How many
		ʻrikishi', go through	common methods of		feet is 4.55 meters?
		ancient ceremonial	pushing or forcing		
		preparations. They	the opponent out		
		clap their hands to	of the dohyo, there		
		"awaken the gods",	are some unusual		
		they toss salt into	methods in which		
		the ring for its	the rikishi is flipped		
		purification, and they	over or crushed after		
		stamp their feet to	losing sight		
		"crush all that's evil."	of the opponent,		



#### **FEBRUARY 2022**

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	MONDAT	TUESDAT	WEDNESDAT	INUKSDAT	FRIDAT
WEEK ONE	Watch <u>A Beginner's</u>	"Jū" can be translated	Fun Fact	Ju-Jitsu is the	Ju-Jitsu is a
	Guide to Ju-Jitsu	to mean "gentle,	The Ne-Waza	sport in which most	Japanese Martial
Martial Arts		soft, supple, flexible,	System is also	gold medals were	Art.
Ju-Jitsu		pliable, or yielding".	called 'human	awarded during The	
		"Jutsu" can be	chess'. Strategies	World Games 2017.	Locate <u>Japan</u> on a
		translated to mean	and tactics are		map. What time is it
		"art" or "technique"	designed to make	22 medal events	currently in Japan?
		and represents	the opponent waste	were held in	How does this
		manipulating the	his energy so that	Wrocław, <u>Poland</u> .	compare to the time
		opponent's force	he/she will submit		where you are?
		against themselves	later in the fight.		
		rather than			
		confronting the			
		opponent with one's			
		own force.			
WEEK TWO	Watch <u>A Beginner's</u>	The first known	Listen to the	Listen to Rossini's	Make up or play a
	Guide to Archery	organized competition	famous story of	classic <u>William Tell</u>	target game using
Precision Sports		in archery was held	William Tell, a hero	Overture.	bean bags or some
Archery		at Finsbury, <u>England</u>	from <u>Switzerland</u>		soft item to hit
		in 1583 and had 3,000	who was skilled in	As you listen to	targets on the floor.
		participants!	archery.	the music what do	Give each color of
		Watch this video about		you think could be	your target a point
		the difference in the		happening?	value and keep
		United Kingdom and			score.
		England.			



#### **FEBRUARY 2022**

	MONDAY	THECDAY	WEDNECDAY	THIDODAY	EDIDAY
	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
WEEK THREE	Read the history of	Use this <u>website</u>	Watch a few minutes	Watch this	Brainstorm some
	<u>Billiards.</u> Using a	to add the points	of this <u>Billiards</u>	video from PBS	health benefits of
Precision Sports	graphic organizer,	gained in the game	World Games event.	LearningMedia	playing billiards.
Billiards	compare and contrast	of Snooker.	Which billiard game	The Angle of Pool.	Then refer to this
	the 3 different games	Red-Pink-Red-	is being played?	What angle did they	website to see what
	of Billiards.	Yellow-Red-Blue-	How do you know?	say is always a	health benefits are
		Red-Black		constant? Can you	listed.
	Snooker originated	How many points		find examples of this	
	in India. Locate <u>India</u>	would the player		angle in your room?	
	on the map. The	have so far in the			
	beautiful <u>Taj Mahal</u> is	game?			
	located in India.				
WEEK FOUR	Watch A Beginner's	What are the	What are the 2	What is the target	Watch this PBS
	Guide to Boules	definitions of boule?	disciplines of Boules	in a game of boules	LearningMedia
Precision Sports		Which definition is	played in The World	called?	video, What are
Boules		associated with the	Games 2022? Which		Sports?
		sport?	countries are given	What are some other	
			credit for the origin	games that have a	Survey the students
			of each?	target?	in the room to
					discover their
					favorite sports.
					Graph your results.



#### **MARCH 2022**

	T	I	I		
	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
WEEK ONE	Watch <u>A Beginner's</u>	Indoor bowling	What is the	If you cannot go	According to the
	Guide to Bowling.	began in New York	difference between a	to a bowling alley,	Guinness World
Precision Sports		City in 1840. This	strike and a spare in	how could you set	Records, the largest
Bowling		fact is the reason	bowling?	up your own indoor	bowling alley in the
		the United States is	10 points is awarded	bowling game?	world is in Japan.
		listed as the country	per strike plus the	What could you use	The Inazawa Grand
		of origin for the	number of pins	for the pins and	Bowling Centre has
		sport.	knocked down	what kind of ball	116 lanes!
			on the next 2	would you use?	Locate Inazawa on a
			deliveries. How is a		map of <u>Japan</u> .
			perfect game of 300		
			achieved?		
<b>WEEK TWO</b>	What are the 3 types	Watch this video	Read about Athlete	Locate Canada on a	What symbol is on
	of powerlifting?	about <u>Rhaea Stinn</u> ,	Rhaea Stinn.	map. Canada is the	the Canadian flag?
Strength Sports		The World Games	Convert her best lifts	2nd largest country	
Powerlifting		Athlete of the Month.	from kilograms to	in the world by land	Why was this
			pounds. 235kg squat	area. Which country	symbol chosen to
		Rhaea Stinn is from	157.5kg bench	has a larger land	represent the people
		Canada.	212.5kg deadlift.	area?	of Canada?
				It is the only country	
				to touch 3 oceans.	
				What are they?	



#### **MARCH 2022**

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
WEEK THREE  Strength Sports  Tug of War	Watch A Beginner's Guide to Tug of War	Watch a video about the <u>Dutch Tug of War</u> <u>Mixed Team</u> . They were The World Games Athletes of the month for February 2020.  The Dutch are people from the <u>Netherlands</u> . It is	A Tug of War rope is 11 cm in circumference and 33.5 meters long. Using a measuring instrument can you find something to represent the circumference and length?	Refer to this <u>article</u> and explain the role of the driver.	Tug of War is one of the sports with an Olympic tradition. From 1900 to 1920, Tug of War was part of the programme of the Olympic Games. Tug of War has been performed continuously since The World Games
		also called Holland.			1981. Play your own game of Tug of War.
WEEK FOUR  Trend Sports  Air Sports	Canopy Piloting athletes compete over a stretch of water for safety reasons because of the high speeds involved.	Drones can often travel at speeds of more than 100 mph.	Watch this video of a Native American story about healthy eating. Healthy Eating Habits Survey your classmates about their favorite fruit and vegetable, and make a graph to show the results.	Watch this video about Wanraya Wannapong, The World Games Athlete of the year nominee.	Watch this <u>Did You</u> <u>Know Video</u> about  Canopy Piloting.



#### **APRIL 2022**

	T				
	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
WEEK ONE	Watch <u>A Beginner's</u>	What is the	Monofins were	Russia isn't very	The most successful
	Guide to	difference between	invented in Russia.	far from the United	athlete in the
Trend Sports	Finswimming	monofins and bi-		States. It is only	history of The World
Finswimming	Which finswimming	fins?	Locate Russia on	about 51 miles from	Games took part in
	events require a		the map. In terms of	Alaska and is only	the Finswimming
	snorkel? What is a	How do the words	land area, Russia is	separated by the	competitions.
	snorkel?	help you know the	the largest country	Bering Strait. Locate	Jürgen Kolenda
		difference?	in the world. Russia	this on the map.	from Germany won
		Finswimmers	is part of which 2		a total of eleven gold
		are the fastest	continents?	How did the first	medals at The World
		swimmers. Why do		Americans cross	Games in 1981 and
		you think they can		from Asia (Russia)	1985.
		swim so fast?		into the Americas?	
WEEK TWO	Watch an introduction	DID YOU KNOW?	A flying disc hits	Write a paragraph to	Share <u>Ultimate in 10</u>
	to Flying Disc		its target 15 out 25	explain the Spirit of	Simple Rules PDF.
Trend Sports		The first objects	times.	the Game.	
Flying Disc	Ultimate is the one	used as a flying disc			Explain the game of
	flying disc discipline	were <u>cake and pie</u>	1. Write this as a	Explore the	Ultimate using math
	in The World Games.	pans leftover from	fraction.	definition of Spirit	terms.
		snacks bought at	2. Create a pie graph	of the Game by	
		local bakeries in	to show the fraction.	<u>Ken Kaminski</u> as	Explore how wind
		Connecticut.		it relates to Flying	affects the game.
				Disc, also called	
		Locate Connecticut		Ultimate.	
		on the map.			



#### **APRIL 2022**

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
WEEK THREE	Watch <u>A Beginner's</u>	What is meant by	Watch this video,	The sport of	Learn some cool
	Guide to Life Saving	the statement, "Is	Thursday Pools /	lifesaving originated	facts about Australia
Trend Sports		Lifesaving just a	Kids' Water Safety	in Australia. Locate	here.
Lifesaving		sport?"	<u>Video.</u> Discuss	Australia on the	
			water safety in a	map.	Why is it called the
			pool or lake.	Australia is the only	"Land Down Under?"
				country in the world	
				that covers an entire	What is the Outback
				continent. There are	in Australia?
				over 10,000 beaches	
				in Australia. Why	
				would the sport	
				of lifesaving be	
				important here?	
WEEK FOUR	Watch <u>A Beginner's</u>	Watch the video	Watch <u>How Does a</u>	Complete this	Read a book related
	Guide to Orienteering	North South East	Compass Work?	lesson from	to maps and create
Trend Sports		West   Cardinal		National Geographic.	your own map
Orienteering		Directions		Cardinal Directions	of your school,
		Geography for Kids		and Maps	community, etc.
		Geography			
		Orienteering			
		began as a sport			
		in Sweden. Locate			
		Sweden on the map.			



## **MAY 2022**

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	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
WEEK ONE	Watch <u>A Beginner's</u>	What are the 3 roller	What country	John Joseph	Belgium is known
	Guide to Roller Sports	sports in TWG?	dominated Artistic	Merlin of Belgium	for many foods such
Trend Sports			Roller Skating in the	is credited with	as waffles, french
Roller Sports		Compare and	2017 World Games?	inventing the roller	fries with mayo, and
		contrast Artistic		skate.	brussel sprouts.
		Roller Sports to Ice	Find this country on		Belgium is said to
		Skating sports in the	a map	Locate <u>Belgium</u> on	have the world's
		Olympics.		the map.	best chocolate.
					Survey your class:
					what is everyone's
					favorite chocolate?
					Show the results in
					a graph.
WEEK TWO	Watch <u>A Beginner's</u>	Watch Sport Climber	Sport Climbing is the	<u>Japanese</u> people on	Haiku is a short
	Guide to Sport	Kokoro Fujii discuss	rage in Toyko, Japan.	average live longer	form of Japanese
Trend Sports	Climbing	his road to The	In 2021, the Tokyo	than any other	poetry. Write a
Sport Climbing		World Games.	Olympics will be the	people in the world.	haiku about The
	What does belaying		first to have rock	How does their diet	World Games.
	mean in sport		climbing.	contribute to living a	
	climbing? Why is			long life?	
	belaying important?		What about the land		
			around Tokyo would		
			make rock climbing		
			so popular?		



# **MAY 2022**

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
WEEK THREE	Watch <u>A Beginner's</u>	What are the 3	Watch this Protective	Rodrigo Miranda is	<u>Polynesian</u>
Trend Sports	Guide to Waterski and	categories of	Life Athlete of the	from Chile. On which	Easter Island
Waterski and	<u>Wakeboard</u>	Waterski in The	Month, Rodrigo	continent is Chile	officially belongs to
Wakeboard		World Games?	Miranda. His	located? Locate	Chile. Locate Easter
	Freestyle wakeboard	Explain how the skis	longest jump is	<u>Chile</u> on the map.	Island on the map.
	is a combination of	are different in each	68.8 meters. How	Chile is the longest	What famous objects
	what 3 sports?	category.	many feet is that?	north-south running	are on Easter
				country in the world.	Island?