



FLOORBALL

The World Games

2022 Birmingham, USA

July 7 – 17, 2022



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HISTORY OF FLOORBALL

- **Floorball** is a type of floor hockey with five players and a goalkeeper in each team.
- Men and women play indoors with 96–115.5 cm-long (37.8–45.5 in) sticks and a 70–72 mm-circumference (2.8–2.8 in) plastic ball with holes.



HISTORY OF FLOORBALL

- Matches are played in three twenty-minute periods
- Floorball was included in The World Games for the first time in 2017 in Wroclaw, Poland.
- Sweden was the first The World Games gold medal winner.



HISTORY OF FLOORBALL

- The game was invented in Sweden in the late 1960s.^[1]
- The basic rules were established in 1979 when the first floorball club in the world, Sala IBK, from Sala, was founded in Sweden.^[2]
- Official rules for matches were first written down in 1981.^[3]



A BEGINNER'S GUIDE TO FLOORBALL



SWEDEN



World map with the country of
Sweden marked in red.



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FLAG OF SWEDEN



Sweden's blue flag with a yellow cross in the center.

FUN FACT ABOUT SWEDEN

The most famous Swedish sporting event is the Vasaloppet (Vasa race) for cross-country skiers. It is the largest annual cross-country ski race in the world.



Athletes skiing in the snow during a cross-country race.

THE RULES OF FLOORBALL



Ninh Explains ...

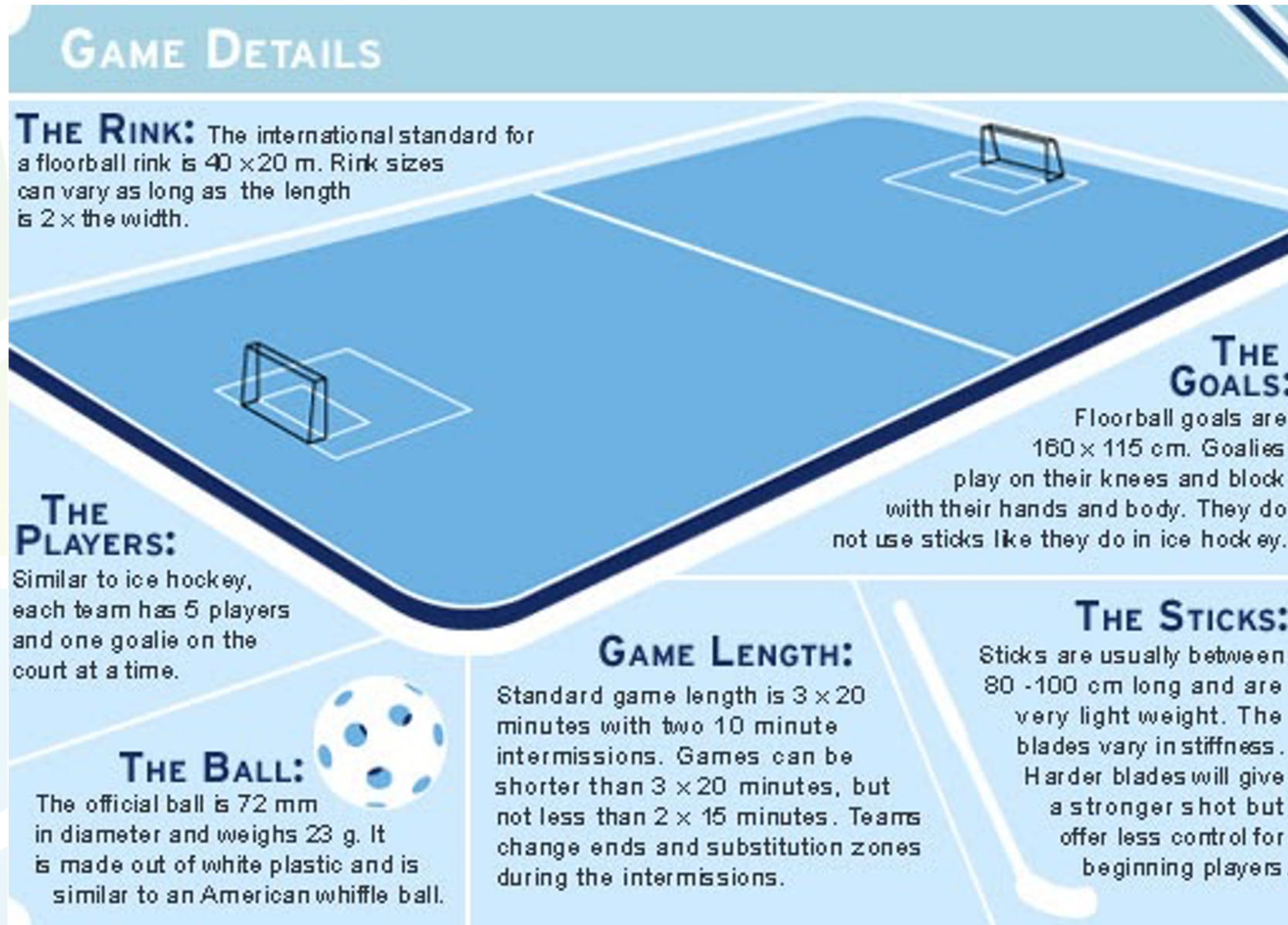
The Rules of **FLOORBALL**

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EQUIPMENT



GUIDED QUESTIONS FOR STUDENTS

What sports have you played that are similar to floorball?



Athletes playing floorball using sticks and a ball.

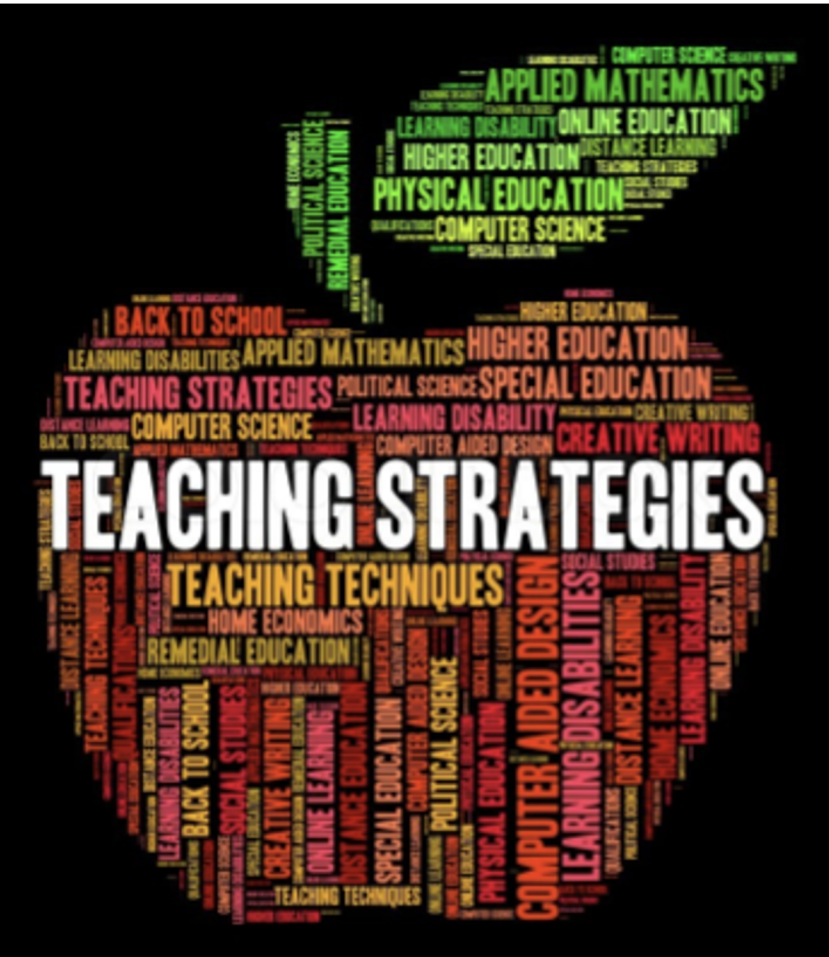


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INSTRUCTION TEACHERS

Word



Word apple shape cloud image title:
Teaching Strategies.

FLOORBALL CLASS RULES: 3 – 12 GRADE

- Stick checking and stick lifting are not allowed.
- Players may not catch or use their hands to hit the ball.
- Players are allowed to go down on one but not both knees to block shots.
- Players may not touch the ball with the stick above the knee.
- Players are not allowed to hold the opponent's stick.



FLOORBALL CLASS RULES: 3 – 12 GRADE

- Players may not put the stick between the legs of the opponent.
- Goalies may grab the floorball as long as they have one part of their body in the goal box.
- Players may substitute at any point during the game.
- Sticks must stay below the waist.



MODIFIED EQUIPMENT

- Ball: various size “soft” balls
- Goals: pop-up goals, cones for goals (if pop-up goals are not available), bigger goals
- Area: without obstruction
- Sticks: floorball sticks (hockey sticks), pool noodles cut to size of floorball stick



Boy using a pool noodle while moving around in a scooter board.



MODIFIED EQUIPMENT BY GRADE

- **K-2**
 - Pool noodles for sticks
 - Beach ball instead of wiffle ball
 - Use your hand to hit the beach ball instead of a noodle or stick
 - Use bigger goals



MODIFIED EQUIPMENT BY GRADE

- **Grades 3-5**
 - Pool noodles for sticks
 - Beach ball instead of wiffle ball
 - Use your hand to hit the beach ball instead of a noodle or stick
- **Grades 6-8**
 - Use bigger goals
- **Grades 9-12**
 - Pool noodles for sticks



STRATEGIES FOR INCLUSION

- Allow mobility devices in the court.
- Mark the area with poly-spots, mats, cones, tape or rope.
- Use visual start and stop signals and penalties.
- When attempting a goal, use visual cues for precision such as things to knock down or a noise-emitting device.



STRATEGIES FOR INCLUSION

- Use a brightly colored and noise-emitting balls for those with visual impairments.
- Use directional clock cues when alerting someone with a visual impairment.
- When providing cues that are related to distance within the playing space use cues that are easy to understand, such as “the thrower is 10 steps away from you” instead of using a metric to reference distance.



STRATEGIES FOR INCLUSION

- Adjust the distance and size of the playing surface and goal nets to better accommodate the students' abilities.
- Students are split into two teams and play scooter floorball.
- You can use more than two goal nets for larger classes. Assign a goal net for each team.
- Students can attempt to score in any goal net.



STRATEGIES FOR INCLUSION

- Instead of a regulation size ball, you can use a bigger ball and floorball sticks made with pool noodles.
- Ensure that students are safe by using protective equipment such as protective goggles.
- Use a ball with a noise device for students with visual impairments.



Group of kids playing floorball.



FOR MORE INFORMATION VISIT:



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