KORFBALL WAS ORIGINATED IN THE NETHERLANDS



RED, BLUE AND YELLOW FLAG OF SWEDEN

## THERE ARE 18 MILLION BIKES IN THE NETHERLANDS.

### **Description of the Game**

Korfball is a sport played by hand within a rectangular field of play whereby a team of four female players and four male players try to shoot a ball into a korf (basket). The players of the team are split into two zones, attack and defense, each consisting of two men and two women. After every two goals, the divisions switch so attackers become defenders and vice versa. The players can only defend players of the same sex.

## **KORFBALL**



OFFICIAL KORFBALL KORFBALL GOAL

### Object of Korfball

The objective is to throw a ball into a netless basket that is mounted on a 3.5 m high pole.

### **Basic Rules**

### Not allowed to:

- Excessively hinder your opponent
- Touch the ball with the leg or foot
- Hand the ball over to a teammate
- Hinder a player from the opposite sex
- Hit the ball with a fist
- Push or hold your opponent
- Knock the ball out of the opponent's hand
- · Run or dribble with the ball
- Touch the ball from a fallen position

### KORFBALL PLAYING FIELD AND BOUNDARIES



### **LEARNING ACTIVITIES**

- Play games with small teams (2 vs 2, 3 vs 3 or 3 vs 2).
- Create relay teams and advance the korfball across the field.
- Create rebound stations using walls and progress to rebound balls from the korfball goal.
- Instruct the students to work as a team to score a set number of goals while rebounding their own korfballs.

#### UNITED STATES KORFBALL FEDERATION





# **KORFBALL**



TEACHER GIVING INSTRUCTIONS TO KIDS NEAR A KORFBALL GOAL



KIDS PRACTICING THROWING A KORFBALL

### STRATEGIES FOR INCLUSION

- Allow mobility devices in the pitch.
- Mark the area with the participants' poly-spots, mats, cones, tape or rope.
- Replace balls with objects that are easier to grasp, such as bean bags.
- Use a bigger and lower korf.
- When throwing to the korf, add visual cues for precision, such as things to knock down or a noiseemitting device.
- Use brightly colored and noiseemitting balls for those with visual impairment.
- Use a bounce pass when passing to someone with limited dexterity or visual impairment.
- Alert the students that the ball is coming to them by calling the name of the catcher.
- Use directional clock cues when alerting someone with a visual impairment.