

#### The World Games 2022 Birmingham, USA

July 7 – 17, 2022



# WHAT IS KORFBALL?

- Korfball is a ball sport similar to basketball and netball.
- A team consists of eight players: four females and four males.
- The object of the game is to throw the ball into a bottomless basket mounted on an 11.5 foot pole.
- Each team has four players in each half (zone) of the court, and they cannot switch zones during game play.



### **A BEGINNER'S GUIDE TO KORFBALL**



## **HISTORY OF KORFBALL**

 Korfball was originated in Amsterdam, the Netherlands in 1902 by Nico Broekhuysen, a school teacher. Nico was inspired to invent korfball after being exposed to the Swedish game "ringboll."



## **HISTORY OF KORFBALL**

- In ringboll one scores points by throwing the ball through a ring that was attached to a 3 m pole.
- Nico replaced the ring from ringboll with a basket (for which the Dutch word is korf or mand), so it was easier to see whether or not a player had scored.



## **THE NETHERLANDS**

World map with the country of The Netherlands marked in red.



## **FLAG OF THE NETHERLANDS**



#### The Netherlands' red, white and striped flag.



## **FUN FACT ABOUT THE NETHERLANDS**

### There are 18 million bikes in the country.



Yellow multi-passenger bike with kids as passengers.



### **KORBALL PROMOTIONAL VIDEO**



## **GUIDED QUESTIONS FOR STUDENTS**

- What rules do you see in the game of korfball?
- What sports have you played that are similar to korfball?



### **THE RULES OF KORFBALL**



NEED LINK

# **KORFBALL PITCH**



White rectangle depicting a korfball pitch/field with out-lines and post/goal boundaries.



# INSTRUCTIONAL GUIDELINES FOR TEACHERS



Word apple shape cloud image title: Teaching Strategies.



# **KORFBALL CLASS RULES: K-1st GRADE**

### Start the game

• One team starts with the ball at the top of the court.

### Win the game

- 1 point per basket.
- Team with the most points win.

#### Teams

• 2 Teams with equal number of players per team.



### **General rules**

- Underhand toss the ball to a player on your team.
- Try to drop the ball into the bucket.
- Try to block the underhand pass.
- No walking or running with the ball.
- After a team drops the ball into the bucket, the other team gets to start the game.

### **Variation**

 Once students understand the concept of passing with no locomotor movement, switch the bucket to a basketball goal at 5'.

# **KORFBALL CLASS RULES: 3 - 12 GRADE**

### Start the game

Jump ball like in basketball

### Win the game

- 1 point per basket
- Team with the highest number of points win

#### Teams

- 2 Teams with 4 players per team
- 2 boys and 2 girls



### **General Rules**

- Pass the ball using a chest or bounce pass
- Can shoot from behind the goal
- Block a shot
- Rebound a shot
- No dribbling (similar to Ultimate Frisbee)
- After a made shot, the opposing team goes to the top of the key to start the next series



Teacher giving instructions to kids near a korfball goal.

BlueCross BlueShield of Alabama

# EQUIPMENT

- Ball: official korfball
- Goals: 2 korfs (goals)
- Area: playing area is 22 yds x 44 yds



Blue and yellow ball going through a korfball goal.

BlueCross BlueShield of Alabama

# **MODIFIED EQUIPMENT**

- Ball: soccer ball, kickball, basketball, gator ball, or volleyball
- Goals: round laundry basket with an opened bottom; attach laundry basket to a portable standard
- Area: free of obstruction



# **MODIFIED EQUIPMENT FOR GRADES**

- K-2 Exception would be to lower goals to 5'
  Size 3 soccer ball
- 3-5 Exception would be to lower goals to 6'
  Size 4 soccer ball
- 6-8 Exception would be to lower goals to 9'



## **STRATEGIES FOR INCLUSION**

- Allow mobility devices in the pitch.
- Mark the area with the participants' poly-spots, mats, cones or tape or rope.
- Use visual start and stop signals and penalties.
- Replace balls with objects that are easier to grasp such as bean bags.



## **STRATEGIES FOR INCLUSION**

- Use a bigger and lower korf.
- When throwing to the korf, add visual cues for precision such as things to knock down or a noise-emitting device.
- Use a brightly colored and noise-emitting balls for those with visual impairments.



## **STRATEGIES FOR INCLUSION**

- Use a bounce pass when passing to someone with limited dexterity or visual impairment.
- Touching the ball in the air or after a bounce can be considered a successful catch.



### FOR MORE INFORMATION VISIT:



